

RISING HOPE

HEALTH ORIENTED PREVENTIVE EDUCATION



NEWSLETTER

APRIL 2010



Chairperson's Message

Dear Friends,

Assalam Alaikum. It gives me great pleasure to share with you that Inshallah in May 2010, HOPE is starting its third hospital in Chundiko in District, Khairpur. This Family Medical Centre, is being sponsored by OMV, Pakistan. This is another milestone in HOPE's list of achievements. In addition, this year there was an overwhelming response for Eidul Azha qurbani and meat was distributed to 1200 families. The Support a Marriage Scheme completed one year with support to 12 marriages. The Faheem School system and many branches of City School School have joined hands with HOPE. The USA Chapter of HOPE is growing with more supporters. We look forward to your help and support in continuing our mission.

Dr. Mubina Agboatwalla

Editorial

Almost midway through 2010, HOPE is vibrant with activity on both the educational and medical fronts. The most important project in the medical field is the inauguration, in May, of the Family Medical Centre (FMC) in Chundiko- Khairpur District. OMV's (Pakistan) collaboration with HOPE has achieved its target as planned. Young Helpers of HOPE from different schools continue sending their contributions as well as actively participating in community work at HOPE Schools. P&G organizes educational trips for the students of HOPE Schools, with their staff personally interacting with the students, giving a personal touch to their commitment HOPE team visits 25 Home Schools sponsored by Barclays Bank in the northern areas. We welcome two new Friends of HOPE to our circle. HOPE looks forward to the collaboration of more companies, schools and individuals in order to extend its loving shade to many more deserving countrymen.

Mrs. Ismat Asadali
Editor



Educational trips by P&G for HOPE School Students

In line with P&G's corporate community cause of helping children in need to Live, Learn and Thrive, the Company organized educational trips for underprivileged children of the P&G-HOPE schools to WWF Pakistan's Wetland Centre in Karachi. This educational as well as fun trip provided 100 students from the P&G-HOPE informal schools network an opportunity to learn about the importance of nature and its conservation by gaining first hand information of the coastal wetlands, marine turtles and mangroves forest in the Sandspit area. Each trip was led by a group of passionate P&G employees who volunteered their time and effort in engaging with the children and guiding them through the tour.

Through presentations led by WWF representatives, the children were thrilled to learn about marine turtle rehabilitation as well as the importance and benefits of mangrove forests. This was followed by a physical mangrove plantation exercise by the children and P&G employee volunteers. The backwater boat ride allowed students the opportunity to observe various types of migratory birds which they had learnt about in the presentation.

P&G Pakistan partners with Health Oriented Preventive Education (HOPE) under the "Keeping the HOPE Alive" project to provide primary education to underprivileged children. Through this initiative P&G Pakistan is funding 60 informal schools across Karachi and Thatta to date educating 2000 children in their neighborhood. Moreover, the Company has organized a number of



fun-filled educational trips with the aim of creating awareness amongst children about nature as well as the country's national and cultural heritage and enabling children to thrive by helping build their confidence and interpersonal skills through interaction with P&G employee volunteers.
Claudia Manual
Proctor & Gamble

Family Medical Centre (FMC) Chundiko - District Khairpur

OMV is Austria's largest industrial group, engaged in Oil & Gas Exploration and Production activities in over 22 countries worldwide. OMV (Pakistan) started exploration activities in the desert of Sindh in 1991 and its first major break through in 1993 was the discovery of a natural gas reservoir



called "Miano" in the Thar Desert, District Sukkur. In continuation of its effort the Sawan gas field, in the District Khairpur was discovered in 1998 which is presently the fourth largest gas producer. OMV (Pakistan) Exploration GmbH, with its head office in Islamabad, is a subsidiary of OMV AG. The Company has an active exploration program in Pakistan in different concession areas. OMV Pakistan is producing gas from its Sawan Gas fields in Chundiko district Khairpur in Sindh.

OMV has decided to establish a Family Medical Centre (FMC) in Chundiko to alleviate health problems faced by the people of the area. The Family Medical Centre (FMC) will be managed by HOPE in collaboration with OMV and community interaction. This will provide diagnostic and medical facilities to the community around Chundiko, as well as decrease the referral of cases to hospitals in Khairpur and Sukkur, reducing preventable mortalities. The FMC will provide 24 hours emergency services for medical emergencies as well as complicated obstetrical cases with the best possible radiological and laboratory facilities. This will aid proper diagnosis of medical problems and their management. Ms. Irum Hashmat, Mr. Jamil Adil and Dr. Tariq Ejaz are coordinating with HOPE in this context.



Health Oriented Preventive Educaiton (HOPE) is already providing health services both in urban as well as rural areas of Sindh. This includes two full fledged hospitals with in-patient services as well as an operation theatre and diagnostic facilities. In addition to this, HOPE is running, four Mother & Child Health (MCH) centers providing primary healthcare at the grassroot level.

Directors of HOPE



Mr. Tariq Niazi



Dr. Khalid Omer

Helpers of HOPE



Headed by
 Mr. Saad Amanullah Khan



Mr. Danish Agboatwala
 U.S. HOPE Coordinator

Polio Campaign By Rotary Club of Karachi, Cosmopolitan at HOPE School

A Polio campaign organized by Rotary Club of Karachi, Cosmopolitan was held at HOPE School, Zia Colony on November 12th 2009. This campaign was part of the EPI polio campaign aimed to create polio awareness in school children.



About 250 children from the primary section attended the program. The polio vaccination was administered to 65 children under the age of 5 years. National EPI polio campaign was held last month as well. This campaign provided an opportunity for these under privileged children to receive the vaccination against this disabling disease free of cost.

The children were briefed about poliomyelitis, the disabilities it causes and the importance of its prevention. The students listened earnestly and actively took part in the question answer session. They also participated in a poster competition about polio awareness. The best artist received an award.

The active participation of the Rotarians and Rotracts made the program a success. Those present from Rotary Club of Karachi, Cosmopolitan, included Rtn. Dr. Ali Akhter, Rtn, Arij Kirmani, Rtn. Amjad Hussain. The children were served lunch and gifts were distributed at the end of the program. They enjoyed the session, taking home the important message about polio prevention.

The Rotary Club of Karachi, Cosmopolitan, has been actively involved in the activities of HOPE School and has on many occasions helped the under-privileged children of this area.

Eid Qurbani at HOPE

As in the previous years, HOPE performed Qurbani on the happy occasion of Eidul Azha, at its centers at Thatta, Dadu, AJK and Karachi. However, in 2009 we had a tremendous response whereby qurbani of 8 cows and 20 goats was performed and meat packets were distributed to over 1200 deserving families. This was a feast for them as they hardly get to eat meat due to the high rate of inflation. This provides an opportunity for the needy to enjoy the festive event too. Most qurbanis were sponsored by overseas donors. We thank all those who contributed to the qurbani for our underprivileged brethren in Islam.



Dr. Mubina Agboatwalla

Fahims School Students collaborate with HOPE

The selfless efforts carried out by HOPE in our country for the under privileged masses are commendable. The HOPE cause, headed by Dr. Mubina Agboatwalla, to bring a change in the working conditions and providing the underprivileged with the basic necessities of life at their doorstep is a great challenge in the present scenario.



The Fahims School System has collaborated with HOPE since last year. It is a unique soul awakening experience for the students of Fahims to help unfortunate people through HOPE. During their visit the students presented their donation and a wheel-chair for the HOPE Hospital. Later on they also visited the informal Schools of HOPE and distributed gifts to the students.

A presentation about HOPE at the Senior Boys Branch highlighted the philanthropic vision of the NGO and the projects underway at HOPE. The slide show promoted the HOPE cause, making students aware of the difficult situations the poor and less privileged people are exposed to, persuading them to join hands with HOPE in serving humanity.

The students were deeply touched and showed their concern for the pitiable conditions of the less fortunate ones and voluntarily enrolled themselves as Young Helpers of HOPE, pledging to help the NGO in different activities. They were convinced by Dr. Mubina's presentation that the happiness we give to other makes us happy too.

Ghazala Aijaz

Principal, Fahims School System



Support a Marriage Scheme Completes one year

The 'Support a Marriage Scheme' through HOPE was initiated by Dr. Farid Qazi of USA. Dr. Farid Qazi a practicing oncologist in the USA (ex-president of DOGANA) is presently an active member of AP-PNA. He started this scheme realizing the problems faced by the parents of the bride in arranging for the wedding expenses.

This scheme has so far sponsored the marriage expenses of 12 girls from underprivileged families. Furniture, jewelry, crockery, utensils, sewing machines, washing machines, clothes as well as a dinner for the wedding guests is provided for the eligible family. Support a Marriage Scheme has enabled parents to arrange for their daughters mar-



riage in an honorable manner.

The sponsors include Dr. Naseem Sheikhani, Dr. Rizwan Jabir, Mrs. Shabana Darvesh, Dr. Nasar Qureshi, Mr. Hassan and Dr. Farid Qazi himself. It is planned to support 12 weddings on a yearly basis.

Dr. Mubina Agboatwalla

Ambulances Needed For Patients

Donation for Transport of Patients
Suzuki Hi Roof or Toyota Hi Ace

Friend of HOPE Dr. Rizwan Jabir

Dr. Rizwan Jabir, a renowned Pediatrician, has been practicing in Indiana Pa., USA, for the past 14 years. In all he has been in the US for the past 18 years. Dr. Rizwan and his wife Amina are both graduates from Dow Medical College. Dr. Rizwan completed his residency training in Pediatrics/ Neonatal care from Rush University (University of Illinois at Chicago). Dr. Rizwan is an ardent supporter of HOPE, involved in the NGO's health programs. Recently his daughter interned with HOPE and his wife Dr. Amina visited the Thatta centre. During his visit last year to Pakistan, Dr. Rizwan conducted a medical camp in Thatta. HOPE is pleased to have a new Friend of HOPE who is working towards the betterment of his countrymen.



Barclays Home Schools in the Northern Area



The HOPE team visited the Home Schools in AJK and NWFP in December 2009. Barclays Bank sponsors 25 Home Schools- 15 in AJK and 10 in NWFP. It was extremely heartening to see these schools functioning in such remote areas.

Approximately 900 children study in these schools 70% being girls. Many children are now appearing for their grade 9 examinations through the board. Ms. Fauzia Rizwan, the Coordinator of the northern area program is doing a commendable job on this front.



Appreciation from Fahims School System

As head mistress of Fahims School System it is a great privilege for me to be associated with 'HOPE'. This NGO is doing amazing work of creating awareness among the general public in the field of Health and Education. It



strives to solve the health issues of these down-trodden masses by providing good medical facilities through its hospitals and clinics. The most important issue to be addressed is that of education, which HOPE is tackling well through its Formal and Home Schools.

Ms. Sadaf Wahab Shubaily

Head Mistress, The Fahims School System, Prep .Branch.

Medical Camp At HOPE Hospital - Thatta

On 7th January 2010 a medical camp was organized at HOPE Hospital Thatta. Dr Mubina Agboatwalla, chairperson of HOPE, accompanied by Dr. Rizwan Jabir, a well-known pediatrician working in the USA, Dr. Nasir



Saeed, Dr. Afshan and Dr. Rehana (the latter two are gynecologists at HOPE Hospital, Karachi), conducted the medical camp. The medical camp was well setup by the administrator, Mrs. Misbah and the Para Medical staff of HOPE Hospital Thatta.

Dr. Rizwan and Dr. Mubina attended to approximately 150 children. The main complaints among them were sore throats, fever, cough, pneumonia, diarrhea and scabies. On the other hand around 100 patients were seen by the gynecologists. Most of them were pregnant women who received antenatal check ups and ultrasounds. Several women with gynecological related problem were also treated. Free medicines were given to the patients.



As part of the HOPE team we were all satisfied that we had treated approximately 300 patients in a single day. The patients were grateful to HOPE Hospital for organizing the medical camp.

Dr. Rehana Ahmed

Community Service at HOPE School

The thought of community service at a school was initially not very appealing. Not knowing how we would handle this challenging assignment we started our weekly visits to HOPE School situated in Zia Colony.

Eight weeks spent at HOPE has been an awakening experience. The life styles of these underprivileged people have touched our hearts and made us realize how fortunate we are. The friendly environment created by the staff and teachers helped us enjoy our teaching task wholeheartedly. The HOPE teachers are dedicated and committed to their job and the students are equally willing to learn. There is a healthy competitive atmosphere that helps them achieve better grades.

Though our visits were short they had a positive impact on the children to strive hard at academics. They appreciated our efforts, which helped us to work with added zeal. With the encouragement from our school, the experience at HOPE has been an unforgettable one.

By: Saad Imran Rasheed, Farzan Feroze and Sinan Amin
Foundation Public School (Defense Campus)



The City School Students Visit HOPE Home Schools

Education is the fundamental factor for the development of a country. In order to ensure sustainable growth coupled with rapid progress the literacy rate has to be stepped up.



Though the number of literate people has increased over the years, yet Pakistan has a huge number of uneducated children - two thirds of whom are girls. To educate a country is a mammoth task. HOPE (Health Oriented Preventive Education) has setup many formal/informal schools in various slum areas in order to educate the children who can not even afford the basic necessities of life. HOPE is providing education to 9000 students in 200 Home Schools in Karachi and Thatta. It also runs 2 formal schools which provide education up to Matriculation level.

On Saturday 13th March 2010, HOPE took a group of students from The City School, Junior Girls Section (PECHS) to visit their Home Schools. We noticed the sharp difference in the school setup from what we are used to. Students dressed in casual clothes sat on chatais on the floor. Moreover



the streets had dirty stagnant water and dumps of garbage which added to the unhygienic environment. None of this disturbs them as they are eager to learn.

The Home School children greeted us warmly with smiling faces. I do not have the words to describe the happiness they exhibited. They enthusiastically read aloud some of their Sindhi poems. We distributed the eatables we had brought for them and took group pictures. We visited five such Home Schools. The trip was a memorable one, which left a deep impact on my mind and made me appreciate the noble work done by HOPE NGO for a better, educated Pakistan.

Marium Parekh
The City School
Prep Girls School
PECHS

Visit of HOPE-Rotary Home Schools

Rotary Club of Karachi, Continental has sponsored several of HOPE Home Schools. Realizing the lack of good quality education from the grass root level, Rotary Club of Karachi, Continental aims at creating opportunities for good quality education for the poor and at the same time creating job opportunities for the culturally bounded women of Karachi,



Mr. Mazhar Valjee, President of Rotary Club of Karachi Continental visited HOPE Rotary Home Schools with the other Rotarians; Rtn. Shoaib Savul, Faisal Hamid Khan, Ms. Naseem Saeed, Ms. Muna Mandviwalla, Rtn. Iftikhar Azam and Ms. Adeeba Paish Imam; and distributed goody bags, stationery and other gift hampers to Home School children.



Visits to the Home Schools by such organization always have a positive effect on the less fortunate. These gestures of good-will generate enthusiasm among the students to work harder and use their potential to serve the country for a brighter future.

Sohail Hussain

Friend of HOPE - Aamir Jameel

Mr. Aamir Jameel is President and co-founder of Altanova Corporation. Altanova Corp. designs and manufactures IC test interface hardware for all IC manufacturers worldwide. Headquarter are at San Jose and CA USA, with branch offices in Austin Texas, Phoenix Arizona, San Jose, Costa Rica and Karachi, Pakistan. Mr. Aamir graduated from Purdue University in 1992 in the field of Electrical Engineering. He has been working in Semiconductor Test Industry for the last 18 years.



Mr. Aamir Jameel was introduced to HOPE last year (2009) and since then has been an avid supporter of HOPE. Committed to the HOPE vision, he is the promoter of the HOPE cause in the Silicon Valley.



Shafaath and Fareena Syed with their daughter Imaan adopted from HOPE



The Northern Area Barclays Home School



Formal School in Thatta - Nearing Completion

Supporters of HOPE -USA in Houston

- Ms. Asma Ahmed
- Mr. Anwar Hussain
- Dr. Shahid Mohammed
- Mt. Rafiq Jangda
- Col. Mohsin Rizvi

Supporters of HOPE-USA- Silicon Valley

- Mr. Shafath Syed
- Mr. Amir Jameel
- Mr. Marwan Majid
- Mr. Ather Siddique

Adopt a Child

Children studying in HOPE School belong to the low socio - economic class. These children cannot afford to go to school and would otherwise be playing on the street.

HOPE has started a scheme of ADOPT A CHILD where-by the educational needs of a child for one year can be looked after by a volunteer donor. This covers the education expenses of the child, including books, uniform, stationeries, shoes etc. The amount for adopting a primary school child is Rs. 3000 per year while the amount for adopting a secondary or high school child is Rs. 4000 per year.

By donating this amount you can contribute to providing one full year of education for a child. The progress of the child is shared with the donor who has adopted the child.

Adopt a TB Patient

HOPE is running a TB clinic for tuberculosis patients in Thatta, where tuberculosis drugs are provided to TB patients from the villages around Thatta. The treatment cost of one TB patient is Rs. 5000 per annum. It is requested that people should come forward and adopt TB patients so that a large number of TB patients can be provided TB medicines free of cost.

New Members of HOPE



Arif Sheikh



Asad Sheikh

Helpers of HOPE Committee

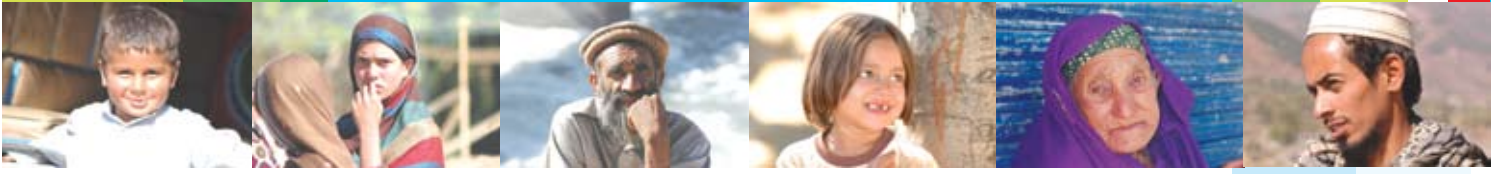
- Mr. Saad Amanullah Khan
- Ms. Ismaa Khan
- Ms. Anisa Atif
- Ms. Anisa Rashid
- Ms. Zeba Jawaid Iqbal
- Mrs. Nilofer Baig
- Ms. Wajida Asad
- Ms. Seema Zuberi
- Mr. Muhammad Ifrahim
- Ms. Samina Haider

List of Collaborators

1. Embassy of Japan
2. Japanese Women Association
3. The Consulate of Germany
4. UNICEF
5. World Health Organization (WHO)
6. Centre for Disease Control, (CDC), Atlanta (USA)
7. Procter & Gamble, Cincinnati and Pakistan
8. John Hopkins School of Public Health, USA
9. The Asia Foundation
10. Rotary Club of Karachi, Metropolitan
11. Rotary Club of Karachi, Cosmopolitan
12. Rotary Club of Karachi, Continental
13. ARY Cash & Carry
14. Philantropists

Contributors for HOPE

- Barclays Bank
- Procter & Gamble (P&G)
- OMV
- Gillette Pakistan Limited
- Iffco
- Allana Family
- Citi Bank
- Habib Bank
- Union Bank
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- Indus Motors
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- English Boot House
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- Pakistan Petroleum Limited
- James Finlay Limited
- Adamjee Insurance Company Limited
- Manhattan International (Pvt.) Ltd
- Gerrys
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- Pakistan Tobacco Company
- Afghan Carpets
- Thal Limited Pakistan Papersack Division
- Dubai Islamic Bank Pakistan Ltd
- Premium Textile Mills Ltd
- Collectibles
- IAL
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- CNBC Pakistan
- Karam Ceramic Limited
- DuPont Pakistan Operations (Pvt.) Ltd.
- The First Micro Finance Bank Ltd.
- Ms. Satoo
- KASB Bank Limited
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- BOC Pakistan Limited
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Donations

To contribute to these charitable works and to provide quality health and education to the impoverished population, we would like your sincere help and contributions.

YOU CAN HELP MAKE A DIFFERENCE.....

Your contribution can help educate a child and help make a family healthy

HOW!

- For just Rs. 4000 educate a child via formal school and support his health for one year.
- For Rs. 3000 educate a child via informal home schools for a year.
- For just Rs. 5000 educate an older child in secondary and high school for one year.
- For Rs. 5000 adopt a hospital bed for one month.
- For Rs. 20,000 higher education of metric students.
- For Rs. 35,000 adopt an informal school for a year.
- For only Rs. 5000 adopt a TB patient for its complete treatment.
- Help with investigation and treatment of poor and needy patients - as much as you can afford.
- Hospital equipment required

Kindly send us your donations payable by cheque / Bank draft in the name of "HOPE"

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Donations can be made in cash or kind.

(Approved U/S 2 (36) of the Income Tax Ordinance 2001 by the Commissioner of Income Tax.). For further detail please contact us at HOPE Community Center.

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HOPE

... امید کی پہلی کرن ...