

RISING HOPE

HEALTH ORIENTED PREVENTIVE EDUCATION



NEWSLETTER

AUGUST 2008

Chairperson's Message



Dear Friends,
Asslam Alaikum. As you read this issue of the Rising HOPE newsletter, Ramzan is just round the corner. The most important event of HOPE was the Annual Fund Raiser arranged by the Helpers of HOPE under the dynamic leadership of Mr. Saad Amanullah, which was a thumping success, attended by major corporate sector and philanthropists. The new members of Helpers of HOPE contributed significantly to

its success. The HOPE Canada chapter launched its activities and is very active in its campaign. Rotary Club of Karachi Continental initiated more Home Schools while Rotary Club of Karachi Cosmopolitan arranged for english classes for the teachers. Two more Computer vocational centres have opened in Bilal Colony and Muzaffarabad. We continue our food and nutrition programme in Dadu and seeing the abject poverty and malnutrition in Dadu, I would request readers to please keep the Dadu patients in perspective.

Globally and especially in Pakistan, the rising food prices and inflation are making the poor even poorer, so that they cannot afford either food or medicines. This Ramzan while giving zakat please realize the added sufferings of these down trodden communities and help alleviate their miseries. Ramzan Mubarak and May God Bless you !!!!

Dr. Mubina Agboatwalla

Editorial

Dear Readers,
Our August 2008 issue of Rising HOPE has many updates on the interesting activities continuing at HOPE. The philanthropic support received from donors helps change lives and build communities, hence representing a mighty force with immense capabilities. Undoubtedly HOPE values each of its donors and is greatly indebted to them all; their contributions are helping the NGO accomplish milestones at its on-going projects.

The Holy Month is fast approaching. Ramadan brings out a special feeling of emotional excitement and religious zeal among Muslims of all ages. As Ramadan emphasizes brotherhood, compassion and unconstrained generosity, the entire Muslim community all feel a particular closeness. HOPE, as part of its Ramadan campaign, distributes groceries, and clothes to deserving families. HOPE students are jubilant when they receive special gifts at Eid-ul-Fitr. Furthermore the NGO disburses groceries to the down-trodden families of these students.

In this holy month, Muslims are eager to hand out their purifying dues to their less fortunate brethren and certainly every one wants to be sure their Zakat goes to the most deserving communities. On behalf of HOPE we assure you on that aspect. With the rising cost of medicines, your contributions will help the deprived communities enjoy better health facilities. HOPE looks forward to your added munificence this Ramadan.

Ms. Ismat Asadali Editor.



Graduating from HOPE School

The first batch of metric students graduated from HOPE School Zia Colony, this year (2008). This is an important milestone in the history of the school. The students studying in HOPE School belong to a very low socio-economic class. The students, who appeared in the Metric exam, reside in Zia Colony. The average family income in this area is approx. Rs.3, 000/ month which sustains a family of 6-7 members. The younger siblings of these students also study at the HOPE School.

The students did exceedingly well in the 9th Board Examination and gained 55-65 %. They have high aspirations to become doctors, engineers and pilots and they have taken the first step towards it. HOPE will support them realize their dreams through the help of philanthropists who would sponsor their higher education.

Dr. Mubina Agboatwalla



Directors of HOPE



Mr. Tariq Niazi



Dr. Khalid Omer

Helpers of HOPE



Headed by
Mr. Saad Amanullah Khan



Mr. Danish Agboatwala
U.S. HOPE Coordinator

Fund Raiser
by Helpers of HOPE

As the projects of HOPE expand, so does the need for contributions to run the NGO's operations. Helpers of HOPE headed by the President, Mr. Saad Amanullah have always stood by HOPE and adhered to their strategic fund raising plan that targets the corporate sector and individual philanthropists. The annual fund-raiser, Imran Aslam's play "Atta, Ghatta phir bhi no Tatta" was held at the Sheraton on 18th April '08. As always, it was an excellent production which kept the audience engrossed in the dialogues, conveying essential messages relating to the predicaments of the average Pakistani.



The dedicated efforts of the Helpers of HOPE assisted in make the fund-raiser a roaring success. Mr. Saad Amanullah, on behalf of his team, addressed the audience, reiterating the mission of HOPE and reassured the NGO of their contribution in accomplishing tactile outcomes. He thanked the various multinational companies for their contribution to the HOPE cause and hoped that they would continue to support HOPE.

Ms. Anisa Rashid, the event manager, personally supervised the arrangements. The entire event was marvelously arranged. Forefronts in selling tables were Ms. Seema Zuberi, Ms. Anisa Rashid, Ms. Samina Haider, Ms. Ismaa Khan and Ms. Anisa Atif. Other members

including Mrs. Nilofer Baig, Ms. Wajida Asad, Zeba Iqbal and Mr. Mohammed Ifrahim were also very active in selling tables and arranging the fund raiser. The Helpers of HOPE did not leave out any detail in the over all preparations. HOPE has built an effective network of volunteer fund-raisers, who are effective in generating funds for the NGO. Helpers of HOPE believes strongly in the cause and are willing to go out of their way to launch it to their friends, co-workers and families to achieve unprecedented success. Special thanks to Mr. Saad Amanullah for his untiring efforts and enthusiasm in

generating funds for the NGO. As president he is the guiding force for his colleagues. On behalf of HOPE, Dr. Mubina is appreciative of the valued efforts of the Helpers of HOPE.

Ismat Asadali



Walkathon for HOPE
by City School Students

Tuesday, April 15th 2008, a memorable day for HOPE, that helped generate a great deal of donations for the poor and needy children supported by this NGO. The event rekindled the noble spirit of generosity amongst the students of The City School. The boys from Hali Road and Tipu Sultan Road branches participated with great gusto. The Walkathon's venue was ideally



located at the KMC Sports Complex. Students of The City School as well as students of HOPE school carried banners of "Help a Needy Child" etc. while walking along the track. They were enthusiastically joined by the Chairperson of HOPE, Dr.

Mubina Agboatwala as well as the staff of the well-reputed NGO. The students who covered the most number of laps were awarded with HOPE T-Shirts and goody bags. In fact there were goody bags for all the participants. The event was greatly enjoyed by the students as lively songs were playing to encourage them, the best loved was the HOPE Song. Students were provided water during their walk and purchased pizzas and cold beverages at the end of the walkathon. The HOPE stall offered wrist bands and caps, printed with the NGO's logo, for sale. The regional branch research officer, Mr. Sohail Hussain had organized the event well, which will be remembered for a long time by the participants of The City School. Yasir Abbas (The City School- Hali Road branch)

Covering Mile Stones

Friday, June 20th 2008 marked the year end ceremony of HOPE School at Bilal Colony. The Results ceremony took place on the roof of the HOPE School building.

The honorable guests at the Result Ceremony were Ms. Nausheen Jivani (P&G), Dr. Lailaa (MPA), Mr. Zaman Khattak (Nazim). The event was organized with great enthusiasm and the students were eager to enact their presentations, for which they had practiced fervently for a month. The youngsters performed with great keenness. The guests were extremely impressed with the show that these students put up under the able guidance of their dedicated teachers.

The chief guests awarded the position holders for laurels for their academic performances. Students were delighted with their gifts, which were generously donated by patrons of HOPE.



The Chairperson of HOPE, Dr. Mubina Agboatwala, as usual took a keen interest in her students' performances and in her speech she not only appreciated their talent but applauded their academic performance through out the year. She remarked that such events help to create confidence and a sense of responsibility in the students.

The ceremony was well arranged and credit goes to HOPE staff members especially Mr. Shohail Hussain, Ms. Zahida Khanum, Ms. Badr as well as all the interns at HOPE. Refreshments marked the end of the event and it was certainly a memorable day for all the students and guests present at the occasion.

Yasir Abbas(The City School, Hali road branch)

Annual Result Hope School - Zia Colony

Excitement was mounting for the participants at the Annual Result Ceremony of the HOPE School situated at Zia Colony, as the impatient students waited for the chief guests to arrive.

Rtn. Capt. Sultan Shakir, President of the Rotary Club of Karachi Cosmopolitan along with his fellow Rotarians, Rtn. Dhunshka Jayakady, Rtn. Syed Amjad Husain, Rtn. Saeed graced the occasion. Also present were Ms. Najia Amin and Ms. Nausheen Jivani representing Proctor & Gamble Pakistan. Ms. Wajda Asad, headmistress of The City School Darakhshan Campus B, also took out time to attend the function. Ms Asma Khan on behalf of The City School Hali Road Branch along with two students of the senior school, made a guest appearance too.



The talented students presented their skits and tableaus with great confidence, which showed how well their teachers had helped them to prepare for this important ceremony.

This year marked an important mile stone for HOPE school, as the first batch of students appeared for their Matriculation Exams.

Students from Thatta HOPE School also presented their traditional folk songs as well as National songs.

The position holders received their results and shields from the chief guests along with an additional gift graciously donated by Rotary Club of Karachi Cosmopolitan under the presidency of Rtn. Capt. Sultan Shakir. HOPE School greatly appreciates this gesture of generosity which spread happiness in the hearts of all their students.

Ms. Ismat Asadali

HOPE Canada gains momentum.

The HOPE Chapter of Canada (HOPE Canada) has been initiated under the leadership of Mr. Afaq Rizvi and Ms. Khadija Rizvi. Other members include Carolyn Venantius, Mohammad Sabri, Talat, Aslam Mohsin, Nida Rizwan, Adil Rizvi and Feral Rizvi. HOPE Canada is not registered, but all donations and funds in Canada are collected through HCI with whom a HOPE account has been set up. The aims and objectives of the members, is to operationalize the HOPE chapter in Canada. To take care of all the logistics involved and to work towards raising awareness at all levels among the Pakistani community in Toronto. Furthermore, to ensure and enable their full participation in raising funds and gathering support for the ongoing projects that are underway in Pakistan.

Rapport-building meetings held at a team member's house help to build a consensus for the next occasion, venue and activity to be carried out which will attract sponsors, members, volunteers and funds in an impressive way. Collaborating with other clubs active in the same field, such as Rotary Club Canada and other similar charitable organizations, helps to spread the message of humanity faster. HOPE Canada focuses on facilitating online donations and using proven and safe ways of collecting and sending donations, keeping alive the connections between the donors and the beneficiaries all the while.

Proposals for awareness-building and fund-raising events:

- Exploring ways of getting HOPE schools and other projects in Pakistan, on the list of places to go to for volunteer tourism and internship for students in Canada.
- Latching on to portals e.g. Rotary Club and the Pakistani Catholic Community and their fund-raising events.
- Distributing HOPE pamphlets and brochures at Milads, Dars and Friday congregations.
- Placing HOPE brochures and fliers with information about HOPE events at all Pakistani eateries, restaurants and grocery shops.
- Participating in concerts, dinners and get-togethers organized by the Pakistani university students similar to the 'One Dream' concert or the Ali Azmat concert (going underway soon).
- Organizing fashion shows and bridal shows exclusively for women.
- Organizing Ball games in schools to raise money for donations.

'Never doubt that a small group of people can change the world, indeed it is the only thing that ever has'

Khadija Rizvi
HOPE Canada

Ambulances Needed For Patients Donation for Transport of Patients Suzuki Hi Roof or Toyota Hi Ace

CMC Scholarship for HOPE School students



CMC has announced a scholarship for two students of HOPE School who have obtained the highest marks. This year's scholarships were given to Ayaz Mayo and Ms. Hina, who have gained



the highest percent.

This was announced by Mr. Jawaid Iqbal, CEO of CMC.

Mr. Jawaid Iqbal has always been an avid supporter of HOPE and encourages the young students to pursue their studies. A scholarship of Rs. 50, 000/- will be given to each student to support their higher education. Both students belong to the lower socio-economic class and aspire to become an engineer and a doctor.



A blessed child

Looking at his cherubic, round face, innocent eyes and playful disposition, you wouldn't think he is different from any other baby. Sulaiman Agboatwalla's story is a heart-rending one. His mother passed away during childbirth in the rough locales of Muzaffarabad. The tragic earthquake, in its mighty tremors, had critically injured his father, who passed away five months before Sulaiman was born. When the midwife brought the squirming newborn to the HOPE centre in Muzaffarabad, the child nestled easily, almost naturally, into the arms of Dr. Mubina Agboatwalla, who, as God willed, was there at the time. Something in the eyes of that little, forlorn infant moved her, and a remarkable turn of events took place; she took the child as her own.



The coming of the baby helped fill the void created by the recent passing away of Dr. Mubina's aunt. The house is once again filled with cheer and laughter. Dr. Mubina is all motherly concern as Sulaiman gets his first vaccinations. The child is blessed, the apple of everyone's eye. As he grins innocently at you from the haven of his devoted nanny's arms, you can not help but take an instant liking to the child, thus, the entire HOPE team dotes on him.

Let us ponder on what Prophet Muhammad (peace be upon him) said about caring for the orphan. "A person who cares for an orphaned child will be in Paradise with me," and indicated with his hand that they would be as close to him as his two fingers.

Here's wishing a very bright future to the little angel- Suleiman Agboatwalla, who holds a special place in the heart of his guardian.

Mehmudah Rehman

An Interview With The Founder Of Hope, Dr. Mubina Agboatwalla

P&G's association with HOPE (Health Oriented Preventive Education) goes back a long way to 1998, when HOPE commenced research projects with P&G Cincinnati. HOPE has done several projects on hand-washing and safe-water with P&G Cincinnati. In 2003-2004 P&G and HOPE worked together on the "Live, Learn and Thrive" Project. This venture was initiated by the then General Manager, Mr. Hans Peter Heisen (very much a people's person who often referred to Pakistan as his second home) and his External Relations Officer, Ms. Edita Dvoncova. In an inauguration ceremony of a HOPE school in one of Karachi's numerous shoddier localities, Mr. Hans Peter expressed his support and interest in the projects concerning the welfare of the common people of Pakistan, promising continued monetary assistance along with practical support.

Speaking on the occasion Dr. Mubina, gave the audience a report of the student's activities at the HOPE schools. After a colorful stage-presentation a tour of the HOPE school was organized and we were impressed to see the well equipped class-rooms with the necessary teaching aids.

Dr. Mubina Agboatwalla, the founder of HOPE Pakistan is a true pioneer in her field of work. She is quiet but determined, practical yet sensitive to the needs of the people she is serving. She is able to motivate people around her towards a common goal, of fighting life-threatening diseases, poverty, illiteracy and unemployment on a national scale.

Intent on serving the people of her country with determination, no matter what hindrances she is faced with, has really paid off. Also providing an excellent practical example, to all those who place "HOPE" higher than disillusionment or acceptance of the conditions prevailing in the country these days.

An Exclusive Interview with Dr. Mubina Agboatwalla.

Q1. Dr. Mubina, please give us a little background of your family and your early education.

Well, I belong to a conservative Memon family; my ancestors belonged to Bombay, India. Being the only daughter and that too the youngest of 3 brothers, I was quite the darling of my parents. I did my O'levels from St. Joseph's Convent High School and obtained my medical degree from Dow Medical College. My parents, especially my father remained bed-ridden for nearly 10 years of his latter years and my mother suffered from Alzheimer's. I looked after them throughout their illness. In addition, I had 2 elderly aunts staying with us and so they were my responsibility too. Unfortunately, I have lost all my dear ones over the past 5 years, the last being my aunt who expired in November 2007. I have now adopted a baby boy, who was a day old when I took him. Mashallah, he is now 6 months and is the apple of my eyes.

Q2. A little about your up-bringing and the influencing force your life.

My family name is Agboatwalla, which means "Steamship". My Great grand-father owned 99 ships and whenever he tried to round off the figure, the 100th ships would drown. This was quite a legend and my great-grand father, Cassum Hajee Ali Mohammed (my father was named after him) had quite an empire. He established the Agboatwalla Trust and Charities which is still functioning in Bombay, through which several hospitals, orphanages, sanatoriums are running, where patients, widows and orphans are looked after, even today. So, I guess this philanthropic streak is inherited. During my childhood, I always saw my mother and aunts doing charitable works, attending fund-raising drives with various organizations. I saw my father very methodically and systematically distribute Zakat to help the poor and needy. My parents always taught me humility and honesty. I was very attached to my father and he influenced me a great deal.

Q3. What was the social set-up like where you lived? Did many girls acquire professional education?

As I said, I belong to the Memon community and at that time very few girls went for higher education and early marriages were common (though things are different now). However, my father was a very enlightened man and supported me in pursuing my medical career as well as encouraged me to take part in various social activities.

Q4. What about discrimination? Were there many hurdles in your way to becoming a practicing doctor...a working woman?

Yes, I could see the pressure on my parents when they saw daughters of their friends getting married early. Here I was, not only a doctor but also pursuing post graduation as well as involved in social activities. Though supported by my parents, there were many instances when I

faced discrimination.

Q5. What was the turning point in your life? As the medical profession is the noblest of all professions, but we don't see too many earnest doctors take their oaths to serve the people indiscriminately? What factors induced you to do so?

Though it is true that very few doctors devote their time to social causes, I feel it is most natural that doctors should have a humanitarian spirit in them. They see the miracle of life so closely, see the suffering of humanity that they should do all in their power to help alleviate sufferings. As I studied at the Dow Medical College, I did my clinical training at Civil Hospital, Karachi which is a public hospital. I saw hordes of poor patients suffering from preventable diseases, but died since they did not have enough money to pay for their treatment. My quest to know where they came from became more ardent and I finally reached the communities and discovered the pitiable background they belonged to. We started with immunization and simple counseling messages. We sat in the narrow lanes of Manzoor Colony on the charpai to announce the immunization schedule through the mosque loud-speakers. We then progressed to clinics and then the hospitals. Before long, we realized that health awareness will not come unless there is education for mothers and for children. We started with a few home schools and now education has become as important as health. Later, vocational computer centers were also added. Coming back to the original question, human suffering and illness coupled with the death of loved ones who could not afford to pay for their treatment, made me realize that I could, with a few resources and my medical skills make a difference in their lives.

Q6. At any point in your life, did you have the option of going abroad for higher studies, and join work there, later on? What factors induced you serve the Pakistani public instead?

I have been offered lucrative jobs by donor agencies several times, but that was an option I never considered. Living abroad I could never have achieved the satisfaction of doing some thing for the underprivileged of my country. The contentment that comes by putting a smile on a child's face, or helping out the poor or sick, comes only when you actually work and interact with them. My country has given me so much; I need to give back to my country.

Q7. You have come a long way, are you happy and satisfied with what HOPE has been able to achieve in the public health sector.

When I look over those days in 1997, when we used to sit on the charpai and conduct vaccination campaigns in the lanes of Manzoor Colony, undoubtedly, I would say that, HOPE has come a long way, with a country-wide network of hospitals and schools. There is still a lot to be achieved. We have two secondary health-care facilities but we would like to bring secondary health-care to other areas also. We also need immense support in the present health and education sector.

Q8. What differences do you see in the way issues are handled in our country, to the way they are handled in other countries you visited, on your trips abroad?

I have been to many developing as well as developed countries. As compared to other developing countries, the basic attitude difference that I have observed is education. Many of these countries have a high literacy rate. Hence, I found the people to be more aware and more compliant. In Bangladesh, people are very hard-working and polite. In Indonesia again, they are quiet and hardworking. Vietnam is one place where they work with utmost dedication and have therefore been able to achieve so much even after the War. Education coupled with humility and broad-mindedness are aspects leading to their progress. In addition, the involvement of women in the mainstream broadens their work force. Education leads to more organization. I think we in Pakistan, can learn a great deal from many of these developing countries. Education is the key to progress in both health and economics.

Q9. Leading to the most important question in this interview, what are the factors that impede our progress the most?

We need a change in attitude on many fronts. The feudal system hampers all progress and development in rural areas including health and education. The privileged do not want the grass-root people to think for them selves or become aware of their rights, as then their authority will be challenged. Though this is the 21st century you will be amazed to see the prevalent conditions in many of our remote areas. The poor woman, born in the remote villages, spends her life rearing children, treated worse than an animal and dies there. Her life does not extend beyond her four walls. It is a fatalistic and an accepted reality that they will bear 10 children, amongst them 6 will die during childhood or the woman will die during childbirth. Women

empowerment only exists in perhaps 15% of the urban population. The urban-rural divide is getting wider. Any effort to change is futile as corruption has steeped through, to the very roots of the system. Our outlook has become very materialistic. We need to think more about a Benevolent God and follow our religious teachings on serving humanity with piety.

Q10. What is your vision for the future of HOPE in Pakistan, supported by HOPE Canada and HOPE USA?

And lastly, what encourages you the most, in the fulfillment of this dream?

My vision of HOPE in Pakistan is not having one big, modern hospital in the city. What I visualize is, to bring health and education to the doorsteps of the people, mainly to those in the rural areas, who do not have the means of access to the cities. With no resources and no infrastructures, only "social taboos" that only prevent them to get there. Hence initially, just to develop them, we need to provide health and HOPE in these remote areas. Otherwise, the people there will remain uneducated and women and children will continue to die, due to minor illnesses. This makes our task difficult but we are going in the right direction. The HOPE vision is to develop the society as a whole. A complete 360 degrees circle, starting from the birth of a child, neonate, child health, education, skill development, women empowerment, maternal health, family planning, to old age. Hence, we work on health, education and vocational skills.

We look forward to HOPE Canada and HOPE USA to join hands with us, especially prosperous Pakistanis who have stayed away from their country for so long. It is time to give back to your homeland by helping HOPE achieve its vision. We would like HOPE Canada and USA to raise awareness about HOPE in the Asian as well as Canadian communities so that HOPE becomes a house-hold name. When they want to donate to a cause, HOPE should be their first option. HOPE Canada and USA can help raise funds, donate equipment, medicines, schools books etc.

This small band of people, now slowly growing into an international community, can achieve great heights. People like you, who are sincere and committed to serving humanity are the real strength of HOPE and will help realize HOPE's vision. When I see a girl who has been educated in the HOPE school and is now a confident young citizen working and supporting her family, I know we can change this country. When a woman comes bleeding or a dehydrated child is gasping and with God's help we can save their lives, I feel I am fulfilling HOPE's mission.

Dr. Mubina, thank you very much for your time and for what you are doing, for all of us.

May God protect you and help you in your noble mission.

Khadija Rizvi
HOPE Canada

New HOPE Computer Centers at Bilal Colony and Muzaffarabad



HOPE has recently opened two computer centers, one in Bilal Colony, Karachi and the other in Muzaffarabad. The computers and the related furniture etc. have been donated by the Oosman and Rahima Bai Foundation.

The computer centre in Bilal Colony Karachi is located in a katchi abadi and has been opened with a conjoint MCH Centre. This will help provide computer education to the underprivileged youth in Bilal Colony.

Similarly in Muzaffarabad, the Computer Centre will help the youth to learn computer skills and promote the rehabilitation process in the earthquake areas.

Dr. Mubina Agboatwalla

HOPE & Happiness

INFERTILITY strikes the very core of a woman's existence. Inability to produce children results in an upheaval in her life. The impact of this affects her relationship with her husband as well as other family members, greatly impairing her socio-status. Infertile couples living in urban areas due to lack of awareness and inability to afford medical treatment seek the advice of local Dais and Hakeems who are incompetent in dealing with the situation effectively and cause many childless couples to spend 18 - 20 years of their life enduring the psychological trauma.

Mrs. Wakeel Pushto aged 38, wasted 18 years of her married life taking treatment from local G.P's, dais and hakeems. The couple was desperate to have a child but in vain. They approached the gynecology department at HOPE Hospital. Investigations, ultrasound and regular 6 months treatment free of cost was given and by the grace of Allah, Mrs. Wakeel was soon pregnant. It was an unbelievable and joyful moment for the entire family. Her 9 months ante-natal checkups, tests and routine U/S went normal. She had a caesarian operation due to precious pregnancy and delivered a normal, healthy baby boy weighing 3.5kg. Mr. & Mrs. Wakeel's delight knew no bounds; they were all praise to Allah and thankful to the doctors and staff members of HOPE for their perseverance.

Every year similar cases of desperate, infertile couples are successfully treated at HOPE Hospital. In most cases a few months of treatment changes their lives for ever.



Dr. Afshan Nagi

HOPE Schools Support Project by Students of RLAQ College

The students of RLAQ Govt. college of Home Economics conducted a support project of HOPE Schools as part of their assignment on community development.

Fatima Abid, a student of B.Sc II, remarked that their team was overwhelmed by the noble work that HOPE NGO was accomplishing in the field of education in the under-privileged areas. This education would eventually lead to a better standard of living for the upcoming generation. During their visit they observed that the NGO is fulfilling the mammoth task of creating an awakening on the importance of education. The students of



RLAQ College were highly impressed by the opportunities provided to these students to facilitate their quest for knowledge.

The surveying team greatly enjoyed working with HOPE students of different age groups on various projects, giving them awareness on environment, health and hygiene. The active participation of the students was well appreciated by Fatima and her colleagues.

The college students were grateful to Dr. Mubina and her team for their cooperation in carrying out their task on community development.

Editor on behalf of
Fatima Abid

Dr. Luby's Interaction with HOPE over the years.

I was first introduced to Dr. Mubina Agboatwalla and HOPE in 1994 when I was working in the Community Health Science Department of the Aga Khan University. Dr. Sue Fisher Hoch from the Pathology Department introduced Dr. Mubina as "a real public health person." As we spoke I became interested in the community based work she was involved in.

Soon after Dr. Mubina initiated HOPE. Paying a visit to the HOPE set-up, I was instantly impressed with the relationship the HOPE workers had with the community. Dr. Mubina explained that a key issue to community development was inter-relationship, as no lasting benefit could be achieved if resources were supplied only from the outside.

One of the most visible problems in the community was large heaps of rubbish. HOPE convened community meetings where a shared solution was reached. The community committed to discarding their rubbish in designated containers provided by HOPE. Community members worked with HOPE to meet with local authorities to arrange for trash collection. Bravo! The system worked. Undeniably, team work can accomplish the impossible, not only trash collection but other goals that would improve the society.

I started working with HOPE on research projects in 1997. Our collaborative work explored the benefits to health that could be achieved through household water treatment and promotion of hand-washing with soap. Collaborating with HOPE opened avenues for further team work.

There were a number of aspects about working with HOPE that were outstanding. HOPE is primarily a community based NGO working to improve the lives of people. Unlike many NGOs that do not take rigorous data collection seriously, the HOPE team enthusiastically supports research agendas. Due to Dr. Mubina's background in research, there was a familiarity with research methods and a willingness to design interventions specifically to address research queries.

The strength of the HOPE platform for research focused on low income and high-need communities throughout the region. Dr. Mubina also insisted that the community gained something in the process of the research. Hence, a budget was formulated to give back some component to the community. Study sponsors from the Procter and Gamble Company were impressed at the outreach to these high need communities, and appreciated this participation in community development.

Leaving Aga Khan University in 1998, I returned to the Center for Disease Control in Atlanta, Georgia, USA. Although I was finalizing a few projects in Pakistan, my primary work was in Guatemala. In 1999, while at work in Guatemala, I was contacted by the Procter & Gamble team informing me about the potential for follow-ups on some of the exciting results of our collaborative work with HOPE in Pakistan. Dr. Mubina's response was enthusiastic, and in the years to follow we worked on several more projects together.

Jointly with Dr. Mubina and her HOPE team we have published 11 scientific manuscripts in, peer reviewed, international journals. The efforts of HOPE has not only improved the lives of the people in the participating communities, but it has increased the global understanding of the role of hand-washing and safe-water in improving hygiene in the lives of children.

Dr. Steve Luby MD
Head, Programme on Infectious Diseases
And Vaccine Services
ICDDR-B



New Helper of HOPE: Samina Haider

Ms. Samina Haider an engineer by profession is our new Helper of HOPE. Though a devoted mother, she spares her free time towards support programs geared towards health and education for the underprivileged.

Samina was introduced to HOPE by friends, also working as volunteers. "The commitment and dedication exhibited by the volunteers and the management committee has been a source of great inspiration for me." says Samina Haider.

Her very first participation related to selling tables for a fund raiser show, was a great success. She looks forward to being involved in future HOPE activities.



English Course for HOPE School Teachers by Rotary Club of Karachi, Cosmopolitan

Rotary Club of Karachi, Cosmopolitan, arranged an English language course for the teachers of HOPE Schools, both formal and informal. Rtn. Dr. Ali Akhter organized the course whereby teachers were given training for proper understanding and teaching of the English language.



Rotary Club of Karachi, Cosmopolitan, will also provide an honorarium to the master trainer teachers who will be eligible to instruct other teachers. A total of 21 teachers belonging to Zia Colony, Ghaggar, Manzoor Colony, Mujahid colony, Bilal colony and Bhattaabad attended the training. They will now further train the other teachers in their area. Thus, more than 110 teachers will receive this training which will help to improve their understanding, reading and writing skills in the English language.

HOPE is grateful to President Rtn. Sahibzada Fareed-ud-din Qadri, Rtn. Capt. Shakir Sultan, Rtn. Dr. Ali Akhter and Rtn. Dhunshka Jayakady for taking this initiative which will benefit the HOPE teachers in the years to come.

Dr. Mubina Agboatwalla

Friend of HOPE: Ambreen Dar

Ambreen has recently joined our circle of friends at HOPE. Her contribution as a Graphic Designer is greatly appreciated. Ambreen is a freelance graphic designer and permanent faculty member, teaching graphic design at the Indus Valley School of Art and Architecture.



Apart from being a graduate of the same institution she holds diplomas in Graphic Design (London College of Art) and in Computer Graphics (International Academy of Design, Canada). Her other interests are varied from photography, reading and movies to music and traveling. Ambreen has ardently designed the new HOPE pamphlets. She often designs cover pages for the HOPE Newsletter and works voluntarily for HOPE's advocacy material.

Adopt a Child

Children studying in HOPE School belong to the low socio - economic class. These children cannot afford to go to school and would otherwise be playing on the street.

HOPE has started a scheme of ADOPT A CHILD whereby the educational needs of a child for one year can be looked after by a volunteer donor. This includes the education expenses of the child including books, uniform, stationeries, shoes etc. The amount for adopting a primary school child is Rs. 2500 per year while the amount for adopting a secondary or high school child is Rs. 4000 per year.

By donating this amount you can contribute to providing one full year of education for a child. The progress of the child is shared with the donor who has adopted the child.

Adopt a TB Patient

HOPE is running a TB clinic for tuberculosis patients in Thatta, where tuberculosis drugs are provided to TB patients from the villages around Thatta. The treatment cost of one TB patient is Rs. 500 per month. The total duration of the treatment is eight months. Hence, the total treatment cost of one TB patient is 4000 per annum. It is requested that people should come forward and adopt TB patients so that a large number of TB patients can be provided TB medicines free of cost.

HOPE CANADA



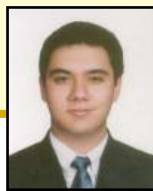
Carolyn Venantius



Afaq Rizvi



Nida Rizwan



Adil Rizvi



Feral Rizvi



Khadija Rizvi

Rotary Club of Karachi, Continental, expands Home Schools

Wednesday, May 7th, 2008 was an eye opening day for me as I got a chance to visit one of the home based schools which have been set-up for the underprivileged children with the funds and support of our fellow Rotarians and other philanthropists. Certainly Naseem Saeed Rotary Club of Karachi, Continental, Dr. Mubina Agboatwalla and the HOPE team deserve great appreciation for having made this possible.



Having created these schools in the remote outskirts of Karachi has brought some hope in the lives of these children who have been living in desolation. I was extremely touched when I visited a couple of schools which have been adopted by Rotary Club of Karachi Continental. In the barren and remote slum areas of "Gharo" and "Dhabeji" life is a struggle for even the basic necessities. Here stand our Rotary Club of Karachi, Continental HOPE Home- Schools, where about twenty five children of varying ages were being tutored by young girls. It was a moving sight to see these children eagerly clutching on to their books. This future generation of our country would otherwise be wandering on the streets clueless about education and its impact in changing their lives.

Within a span of three months, to see these children reciting alphabets and poems in English and counting numbers was a delightful experience. All I can say is that I could see a ray of hope sparkling in every child's eye.

Wishing that these schools keep growing, to bring "HOPE" to every deprived child's life was the only thought that occupied my mind as we drove off from the area.

HOPE is the only beacon of light when everything else seems bleak. So let us not break this chain of "HOPE Schools". Let us join hands to bring education in the lives of every Pakistani.

Nazish Bandukda

List of Collaborators

1. Embassy of Japan
2. Japanese Women Association
3. The Consulate of Germany
4. UNICEF
5. World Health Organization (WHO)
6. Centre for Disease Control, (CDC), Atlanta (USA)
7. Procter & Gamble, Cincinnati and Pakistan
8. John Hopkins School of Public Health, USA
9. The Asia Foundation
10. Rotary Club of Karachi, Metropolitan
11. Rotary Club of Karachi, Cosmopolitan
12. Rotary Club of Karachi, Continental
13. ARY Cash & Carry
14. Philantropists

Helpers of HOPE Committee

- Mr. Saad Amanullah Khan
- Ms. Anisa Atif
- Ms. Zeba Jawaid Iqbal
- Ms. Wajida Asad
- Mr. Muhammad Ifrahim
- Ms. Nasreen Mateen
- Ms. Ismaa Khan
- Ms. Anisa Rashid
- Mrs. Nilofer Baig
- Ms. Seema Zuberi
- Ms. Samina Haider

Contributors for HOPE

- Procter & Gamble (P&G)
- Gillette Pakistan Limited
- Citi Bank
- Habib Bank
- Union Bank
- CMC
- ABN AMRO Bank
- Muslim Commercial Bank
- Engro Asahi Polymer & Chemicals Ltd
- Indus Motors
- Cadbury
- Colgate Palmolive
- DHL
- Searle
- Eli Lilly
- Wyeth Pakistan Limited
- Pak Mediacom
- Deloitte
- EFU
- JP Morgan
- Aamir Dehdi
- GSK
- GETZ Pharma
- Meezan Bank Ltd
- Agboatwalla Family
- Merck Sharp & Dohme
- Pepsi & Aquafina
- Abbot
- House of Habib
- Razzaque Steel
- Ali Gohar & Co.
- American Express Bank
- EBM
- Pfizer Laboratories
- ICI
- Mandviwala & Zafar
- Unilever
- Multi Tech
- English Boot House
- Amin Amdani Family
- Qasim International Container Terminal
- New Hampshire Insurance Company
- Pakistan Petroleum Limited
- James Finlay Limited
- Adamjee Insurance Company Limited
- Iffico
- Manhattan International (Pvt.) Ltd
- Gerrys
- Pakistan Cables Limited
- Pakistan Tobacco Company
- Afghan Carpets
- Thal Limited Pakistan Papersack Division
- Dubai Islamic Bank Pakistan Ltd
- Premium Textile Mills Ltd
- Collectibles
- IAL
- Pioneer Cable
- Standard Chartered Bank
- HSBC Bank
- Artistic Garment Industries (Pvt) Ltd.
- Habib Metropolitan Bank Ltd.
- CNBC Pakistan
- Karam Ceramic Limited
- DuPont Pakistan Operations (Pvt.) Ltd.
- The First Micro Finance Bank Ltd.
- Ms. Satoo
- KASB Bank Limited
- Faysal Bank Limited
- BOC Pakistan Limited
- Neelo & Aslam Allawala
- Idrees Textile Mills Limited
- CocaCola Beverages Pakistan Limited
- 3M Pakistan (Pvt.) Ltd.
- Sanofi Aventis
- NCR
- Indus TV
- Engro Chemical Pakistan Limited
- Agha's Super Market
- Reckitt Benckiser
- Bank Alfalah Limited
- Siemens Pakistan Engineering Co. Ltd.
- Mobilink GSM
- Prestige
- CISCO
- PICIC Insurance Limited



Credits:

Editor In Chief:

Dr. Mubina Agboatwalla

Managing Editor:

Ms. Ismat Asad Ali

Editorial Board:

Mr. Faisal Sarwari

Dr. Abida Raza

Dr. Maria Tariq

Mr. Nasim-ud-din

Mr. S. M. Asad Ali

Mr. Jatender Hans

Ms. Zahida Khanum

Ms. Badarunisa

Dr. Rehana Ahmed

Mr. Sohail Hussain

Mr. Danish Agboatwalla

Design & Layout by:

Spectrum Communications

Spectrumdyr.com

Donations

To contribute to these charitable works and to provide quality health and education to the impoverished population, we would like your sincere help and contributions.

YOU CAN HELP MAKE A DIFFERENCE.....

Your contribution can help educate a child and help make a family healthy

HOW!

- For just Rs. 3500 educate a child via formal school and support his health for one year.
- For Rs. 2500 educate a child via informal home schools for a year.
- For just Rs. 4000 educate an older child in secondary and high school for one year.
- For Rs. 5000 adopt a hospital bed for one month.
- For Rs. 30,000 adopt an informal school for a year.
- For only Rs. 4000 adopt a TB patient for its complete treatment.
- Help with investigation and treatment of poor and needy patients - as much as you can afford.
- Hospital equipment required

Kindly send us your donations payable by cheque / Bank draft in the name of "HOPE"

ABN - AMRO Bank,

Shaheed-e-Millat Road Branch, Karachi, Pakistan

Account #: 420470026

Swift Code: ABNAPKKA

Standard Chartered Bank,

Main Branch, I I Chundrigarh Road Branch,

Karachi, Pakistan

Account #: 01619972001

Swift Code: SCBLPKKXXXX

Citi Bank,

AWT Plaza, I.I. Chundrigar Road, Karachi, Pakistan

Account #: 0350492003

Swift Code: CITIPKXX

Online Donations: www.hope-ngo.com

Donations can be made in cash or kind.

(Approved U/S 2 (36) of the Income Tax Ordinance 2001 by the Commissioner of Income Tax.). For further detail please contact us at HOPE Community Center.

HOPE COMMUNITY CENTER, KARACHI

Plot # B-40, Street # 28, Sector # 32-A, Zia Colony,
Korangi Industrial Area, Karachi, Pakistan.

Phone #: 92-21-5069450 - 5071423 - 2239930 - 4539393

Fax: 92-21-4520464

Email: agboat@hope-ngo.com

agboat@gerry.net

hope.charity@gmail.com

Website: www.hope-ngo.com

USA

For donations in USA

Account Title: HOPE USA

Bank: Bank of America

Account No: 011000138

Routing No: 00461604037

HOPE COMMUNITY CENTER, THATTA

Satiyoon Road, Bukhari Mohalla, Thatta.

Ph #: 92-298-550491 - 550492

HOPE MUZAFFARABAD, A.J.K.

Shahnara Mohalla near Makkah Masjid

Katchari Road, Muzaffarabad, A.J.K.

Ph: 0992542532

HOPE USA CHAPTER

Danish Agboatwalla

Ph # 917-733-46105

Email: danish@mit.edu

HOPE COMMUNITY CENTER, KARACHI

Plot # B-40, Street # 28, Sector # 32-A, Zia Colony,
Korangi Industrial Area, Karachi, Pakistan.

Phone #: 92-21-5069450 - 5071423 - 2239930 - 4539393

Fax: 92-21-4520464

Email: agboat@hope-ngo.com

Website: www.hope-ngo.com

HOPE COMMUNITY CENTER, THATTA

Satiyoon Road, Bukhari Mohalla, Thatta.

Ph #: 92-298-550491 - 550492

HOPE MUZAFFARABAD, A.J.K.

Shahnara Mohalla near Makkah Masjid Katchari Road
Muzaffarabad A.J.K.

Ph: 0992542532

HOPE

... امید کی پہلی کرن ...