

Chairperson's Message



Dear Friends,

Aslam Alaikum

As we bring out the December '08 issue, Ramzan has passed by and the HOPE team rushed for relief of the Balochistan earthquake victims. Infact, HOPE was one of the few organizations which reached Balochistan in the initial days of the earthquake and provided respite to far-fetched areas. The response to the appeal was tremendous. People from all walks of life contributed. Major donors included HSBC Bank, Young President's Organization (YPO) amongst others a 20 member HOPE team visited the areas. Many schools including several branches of City School and Beacon House contributed to the Ramzan Campaign, whereby large amounts of ration and Eid gifts were distributed to the underprivileged. Ifco joined hands with HOPE, providing a strong support. Both Rotary Club of Karachi Continental and Cosmopolitan continued sustaining many educational activities. A major achievement has been the support of Barclays Bank for 100 Home Schools. This will spread education to thousands of children who are otherwise roaming the villages. It is heartening to see the HOPE Family grow and we look forward to others joining us as well.

Dr. Mubina Agboatwala

Editorial

This times newsletter takes a close look at our activity over the concluding months of 2008. There has been an amazing step up in involvements in new schemes and ways to generate funds, that help in the smooth functioning of the HOPE network country wide.

The earthquake that Baluchistan endured in October 2008, was unprecedented in suddenness and severity. The long-suffering victims had reason to cheer when the HOPE team personally distributed much needed tents and provisions. Initiating the 'Journey of HOPE by Helpers of HOPE in August was a great idea which brought substantial support for the cause. HSBC's grand Iftar for HOPE schools was an welcome treat for the students. Eid celebrations with HOPE students from the leading schools of Karachi was a kind gesture extended to the students. Also the generous Zakat donations from these schools made it possible for HOPE students and their families to enjoy the celebrations. An overview of Thatta's HOPE Hospital, gives its patrons an insight into the efficiency of its management.

HOPE is proud to have increased its circle of volunteers, from different walks of life, who selflessly render their services displaying their deep love for humanity. We also take this opportunity to thank all our valued donors for their kind support and invites others to come forward as well.

Ms. Ismat Asadali
Editor.

Directors of HOPE



Mr. Tariq Niazi



Dr. Khalid Omer

Helpers of HOPE



Headed by
Mr. Saad Amanullah Khan



Mr. Danish Agboatwala
U.S. HOPE Coordinator

An Overview of the Baluchistan Earthquake HOPE to the Rescue

A team of twenty volunteers headed by Dr Mubina Agboatwala, chairperson of HOPE, made its way to the treacherous outbacks of Balochistan. It was a privilege to be a part of this group of selfless and dedicated individuals,



from different walks of life, ranging from doctors to young students. All united with the sole intention of helping the victims of the deadly earthquake, that struck Balochistan in the early hours of Wednesday, 29th October, 2008. The worst-hit area appeared to be Ziarat, where hundreds of mostly mud and timber houses were destroyed in five villages. Some were buried in landslides triggered by the quake.

The relief efforts initiated by HOPE had begun well before the actual trip was undertaken. Several organizations and individuals had donated generously towards this noble cause and relief goods were purchased as a result. These included medicines, food supplies, tents, bedding and blankets, and warm clothing. All the relief goods were carefully packed by the committed HOPE workers and loaded onto five trucks which set off for Balochistan.

YPO (Young Presidents Organization) headed by Mr. Mazher Valjee, made a major contribution for the earthquake victims. Seema Zuberi, representing Helper of HOPE, accompanied the HOPE team to Balochistan. Enthusiastically having collected funds from various donors, she personally contributed to the cause.

Once the team of volunteers reached Quetta, an initial trip was taken to the quake-struck region in order to survey the extent of the damage and to assess where the aid was required most. Also, meetings were held with prominent individuals of the area so as to get a better idea of where the HOPE team should head first in order to carry out relief work.

Whilst the damage and devastation caused by the earthquake was severe,

the scale was not as extensive as the horrific earthquake that struck the northern areas and Kashmir in 2005. However, many thousands of people were left homeless and helpless by this earthquake in Balochistan too. The relief aid was required urgently in order to avoid further fatalities, since the survivors of the quake were experiencing freezing temperatures at night and extremely harsh conditions.



The entire expedition was an extremely memorable and rewarding experience. The HOPE team visited areas that no one else had managed to reach, offering medical services and relief goods to villagers who lived in inaccessible regions of the rough terrain, such as certain areas of the Harnai district.

An overwhelming sense of fulfillment and achievement was experienced upon finally arriving at the destination and dispensing aid to the deprived villagers, in the form of physical help or even a simple word of hope, sympathy and solace. Hats off to the HOPE team for yet another tremendous effort for their countrymen!

Suroor Mehmood

Quetta Trip-Day 1

The HOPE team set out from Quetta at 8am on Saturday morning, 8th November 2008. It took us over two hours to reach the district of Ziarat where the earthquake had struck with great intensity, measuring 6.4 on the Richter scale.

It was heartening to see that a great deal of relief aid had already reached the area, with various NGOs having set up tents to help the victims whose houses had been damaged or completely destroyed by the quake. (On the way, we passed an area called Wam, which had been severely affected, and where the casualties had perhaps been the highest - out of 137 people, 47 casualties had been from a single household.) We moved on since we wanted to reach those survivors who had not yet received any aid. As we travelled through the arid and rugged terrain, seeing a great deal of damage and destruction on the way, we finally came to a village called Kawas where the local villagers were delighted to see us, since no medical aid had reached them yet.

HOPE set up a medical camp, and thereafter distributed relief goods - food, blankets, tents and warm clothes. The women were urged to visit the medical camp, as female doctors were present in our team to deal with their problems. As soon as we set camp, the head villagers made announcements from loudspeakers of the local mosque, that relief aid had arrived and encouraged them to avail of the medical services. The hesitant and unsure trickle of villagers soon increased and by the end of the day, there were hundreds of villagers, men and women, old and young to avail the help, be it physical, emotional or psychological. Many of the patients were suffering from trauma after the earthquake and several, especially babies and young children were unwell because of the severe temperatures and conditions they had been enduring.



A group of about five volunteers, including a doctor, set out on foot to the

more inaccessible areas up in the formidable hills of Balochistan, hoping to reach out to those who were still in the wilderness, cut off from any aid. It was a difficult and grueling uphill trek, but our desire to reach out to the needy, gave us strength to continue. Some of the scenes we saw up in the barren hills were beyond description and deeply moving. We came across a desolate family, sitting on the ground in a tiny tent, near the rubble that was once their home. They had lost all their belongings and yet their hospitality and warmth was remarkable. Not understanding their dialect we communicated with them through gestures, expressions and a transmission of feelings and were amazed at their strength and fortitude. Our doctor treated a new-born baby suffering from dehydration, and an aged lady with an injury.

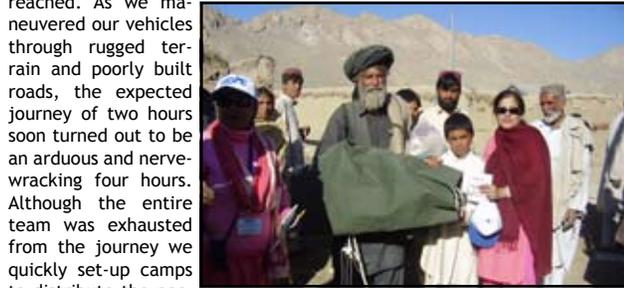
We helped in whatever way we could, by giving the villagers physical aid as well as moral support. To me personally, just being there for them at their hour of need showing them that there are people who cared about them and seeing the smile on their faces, was definitely worth all the effort. I feel extremely fortunate to have been part of the dedicated HOPE team. Having learnt a great deal from the entire experience, I would definitely urge others to come forth and help joining hands with HOPE in carrying out all its commendable services. Long live HOPE!

Suroor Mehmood

Quetta Trip-Day 2

After much deliberation and debate, it was finally decided that the HOPE team would trek down to Harnai, a collection of villages with a population of ten thousand, cut-off from civilization and where little or no aid had reached. As we maneuvered our vehicles through rugged terrain and poorly built roads, the expected journey of two hours soon turned out to be an arduous and nerve-racking four hours. Although the entire team was exhausted from the journey we quickly set-up camps to distribute the necessary items such as ration, tents and blankets. The medical camp gradually attracted even the women folk, hoping to get treatment for basic medical problems such as weakness, hypertension, or pregnancy-related health problems.

With no doctor or even basic health facilities available, the people of Harnai have no one to turn to when they are faced with health problems or medical emergencies and were extremely grateful at finally having access to doctors and free medicines. With the closest clinic a two day journey away by tractor (their only mode of transport), the infant and maternal death is extremely high and most villagers succumb to diseases for which there are simple and cheap treatments available in the modern world. The extent of their isolation became more apparent when we talked to the villagers who told us that since there are no imams (religious clerics) living in their area, most people are buried without a ceremony and are given a proper burial when an imam happens to come to their village by chance. No one speaks Urdu and there are no schools nearby. Most of the villagers are extremely poor, have large families and few material possessions like blankets and clothes that they salvaged from their collapsed homes. Within an hour most of our supplies were distributed, yet the cue of people seems to stretch for miles.



Unfortunately HOPE was unable to provide supplies to all the villagers in need but the HOPE team is aiming to make future trips to the region to help the people of Harnai and many others like them, who are desolate and deprived of the basic necessities of life.

As part of the HOPE team to the earthquake areas of Baluchistan I realized that this team of selfless devotees, headed by Dr. Mubina, committed themselves year round to the service of humanity.

Maleeha Diwan

A JOURNEY TO THATTA

The challenging journey to Thatta, is extremely bumpy and dusty. The way is lined predominantly by dry, barren fields on either side with a few patches of green paddy fields, where water is available. Rich landlords from the area use the land to build picnic resorts for friends and family. Mazars of Sufis Saints, intermittently dot the otherwise bare landscape. Extreme poverty is evident far and wide. Women, wearing patched grimy clothes, carrying malnourished babies, are a common sight. Life is extremely difficult for the dwellers, as women have to fetch water from the streams, miles away from their lodgings. Homes are bare except for woven charpays, dirty bed linen and the inexorable cooking stove. The walls and roofs of huts are made of dry sticks fastened together with strings and ropes. Cows and goats are tied near the doorway. Stray dogs roam through their dwellings, looking for food. The 'bread-winners' of the family waste their lives, watching unscrupulous movies from across the border. Women do all the work inside the house as well as in the fields. Men and women alike are addicted to tobacco, pan-chalia, supari etc. Even kids are given pans (betel leaf) with tobacco to chew so as to fall into a deep slumber; hence the women can carry on with their endless chores. Ownership by rich landlords, a culture, long wiped out in the other parts of the civilized world still dominates the lives of these poor peasants.



In the midst of all this misery comes the NGO-HOPE. HOPE's hand pumps, donated by philanthropists, are the sole source of clean water for drinking, cooking, washing and bathing, which keeps them safe from disease and death. HOPE's home-schools are fulfilling the acute need for education in these isolated areas, gradually eradicating the darkness of ignorance and inadequacy. Thus helping them to understand and solve their day to day tribulations.

HOPE's Hospital in Thatta, caters to underprivileged patients of the area. A meticulously clean hospital, with a cheerful and dedicated staff is a pleasant surprise in its down trodden surroundings. Pictures of the dignified Japanese ambassador along with a determined Dr. Mubina Agboatwala, signing a pledge of support, decorate the wall as well as Hans Peter's picture of cutting the ribbon along with Edita, captures the philanthropy extended by Japan.

Even though the HOPE Hospital is located in such a remote, run-down part of the country, it has modern facilities and offers services for x-rays, anesthesia, electrolyzer, an ultra-sound machine, oxygen cylinders, incubators and other vital hospital paraphernalia. It is well-equipped with an operation theatre, laboratories, patient's ward, emergency room and a delivery room. The seminar room on the upper floor is used for staff meetings and trainings.

Modern and sterile medical equipment such as syringes, disposable gloves and the use of antiseptics and clean bed linen and towels, ensures a hygienic environment at all times. Personal donations from large-hearted collaborators of HOPE in the form of a fridge, A.Cs etc. all help to make the hospital function at a high level of efficiency.

Integrity and honesty, is conspicuously evident in the founder as well as the workers of HOPE. The doctors praise the working conditions and environment of the hospital, making it conducive for doctors to come and work there. The high standards at HOPE hospital insist on merit as its criteria for appointments of professionals.

Young capable doctors treat patients and outpatients. In addition they counsel them on psychological problems giving their profession a very personal touch. The family planning departments counsels women against recurrent pregnancies so as to maintain good physical and mental health not only for themselves but also for their newborns. Thus HOPE is fulfilling an important role on the medical front in Thatta.

Khadija Rizvi

JOURNEY OF HOPE

Helpers of HOPE headed by Mr. Saad Ammanullah hosted a dinner at the Sheraton Hotel on August 11th 2008 to launch their brilliant idea of a Journey of HOPE to keen philanthropists. This Journey of HOPE aims at humanitarians to pledge a single journey or journeys for three consecutive years. A single Journey entails a contribution of Rs. 50,000 per year for 3 consecutive years. Mr. Saad Amannullah and his team comprising of Ms. Ismaa Khan, Ms. Zeba Jawaid Iqbal, Ms. Samina Haider, Ms. Anisa Atif and Ms. Anisa Rashid as well as Ms. Khadija Afaq from HOPE Canada, were all present. Their exceptional dedication to the NGO radiate the spirit of philanthropy to others around them and procure generous funds for the NGO to carry out its involvement in the betterment of a healthy and well educated Pakistan. Well known philanthropists including Mr. Kaiser Shareef, Mr. Mohsin Nathani, Mr. Jawaid Iqbal and Mr. Jamil Yousuf attended the dinner. The Journey of HOPE scheme received an overwhelming response from individuals who are well aware of HOPE's sincerity and commitment to its ventures. Innumerable Pledge Forms were received by the team to join these journeys which will help complete the NGO's projects on the educational front as well as the health sector and will help make tremendous progress country wide. The dinner and presentation on HOPE's activities was followed by a melodious ghazal mehfil by Salman Alvi who rendered many beautiful ghazals, many of them on the request of the audience. HOPE is grateful to Salman Alvi for his contribution.



Ms. Ismat Asad Ali



Ms. Ismat Asad Ali

The World Opens up at HOPE

Today was a day like no other, in the lives of the students at Karachi's HOPE school, the world opened up at HOPE. The students, for the first time in their lives, received cards from fellow students and well-wishers from across the globe. Canadian students sent them beautiful cards, conveying their thoughts, ideas and good wishes. Words of encouragement to kids who are students like themselves, but living way below the poverty line spoke well of their humanitarian spirit.

Hope students were shown a map of the world, pointing out the location of both countries so as to clear their concept and give them a feeling that others from far away really care. An action based on trying to broaden their awareness about themselves and the world they live in. The older students received cards from students studying at the University Of Toronto, with special words of advice and encouragement. This meant a great deal to the HOPE students as they held on to their cards with delight and anticipation. Colorful stationery, brought from Canada was also distributed among all the students in general. Students who had done exceptionally well were awarded solar calculators and stencils.

What comes from the heart goes straight to the heart! HOPE School students, immensely touched by this gesture of the Canadian students, promised to reciprocate their kindness by sending cards in return. In addition to this a T.V., DVD player and DVDs on National Geographic's as well as Disney cartoons were donated to the school. This donation aimed at providing the students with additional information and recreation.



Khadija Rizvi Afaq

Khadija Rizvi Afaq

Sana's Summer Well Spent

"There's euphoria, a new found motivation and purpose in life. Words cannot explain or express and minds cannot coherently process. A satisfaction which I don't want to let go of. Today touched our lives at a personal level. I replay the events over and over and what I come up with is an experience of a lifetime."

What started as an extra-curricular activity turned into something far more meaningful. During the August of 2008, four of my friends and I began our search for better utilization of our free time. Surprisingly, this semester our schedule allowed us to carry out activities other than studying. Our group quickly expanded to a dozen, as more and more people



wanted to become a part of our involvement with HOPE NGO. A meeting with Dr. Mubina Agboatwala opened innumerable avenues for us. Keeping in mind her brilliant suggestions, regarding education and better quality of life for impoverished children in different slum areas of Karachi, we took our first step. We regularly visited HOPE based schools, hospitals and vocational centres and involved our selves with the underprivileged sector of our country to get an insight into their downtrodden lives and tried to help to make even a small difference to their circumstances.

Our short term objective was to plan an activity with children of the informal schools in Manzoor Colony during Ramadan. It incorporated the spirit of the holy month of generosity and helping others. We involved everyone from neighbours and families to fellow students. We designed posters targeting families with school going children. Our aim was to collect funds as well as discarded school supplies like school bags, bottles, boxes etc. The response was immense and we ended up collecting beyond our expectations. We also receive funds which were used to buy new stocks of stationery.

September 23rd was one of the most memorable days of our lives when we experienced the joys of sharing on the auspicious occasion of Eid with the HOPE school children at Mansoor colony. Our teams worked with enthusiasm and time flew by while we carried out the Eid Card Competition, which helped enhance the festive feeling amongst the children and the best six cards were awarded prizes. The children enjoyed the face painting, gluing confetti and playing with glitter. Talking to them about their lives and ambitions gave us a whole new perspective on life. After several hours of fun packed entertainment we distributed our Eid packages, which included clothes for all the kids and bangles and trinkets for the girls. The generous donations that we received helped to make goody bags that included fruits, sandwiches, biscuits and juices.

Eid gifts were also given to the teachers of HOPE informal schools. In addition, our team donated sets of books in Urdu and English to start a school library.

Eventually, amidst numerous pictures and fond goodbyes, we headed back home. The experience was exhilarating and rewarding more than word can express.

We would like to convey our sincere gratitude to HOPE for providing a platform to not only spend our time in a fruitful manner but an opportunity to put our knowledge and skills to good use for the benefit of the future generation of our country!

Sana Nayeed

Donors for Balochistan Earthquake

HSBC Bank contributed a generous amount for ration, tents, warm clothings, medicines for 200 families.

Young Presidents Organization (YPO) under the leadership of Mr. Mazhar Valjee made donations for a large number of earthquake affectees and Mr. Mazhar Valjee himself accompanied the team.

Ms. Seema Zuberi (Helpers of HOPE) worked diligently to collect a large contribution and accompanied the team to Quetta.

Other contributors included:

PASHA (Pakistan Software House Association) under leadership Ms. Jahan Ara and Mr. Azher Rizvi

City School (DK Campus, Girls Section)) under leadership of Mrs. Nilofer Baig and Ms. Wajida Asad)

City School (DK Campus, Boys Section) under leadership of Mrs. Nudrat Sajid Khan

City School (PAF Chapter) under leadership of Mrs. Shireen Karamali.

FM 91 & Radio 1. for media support. Special Thanks to Ms. Anita Kenneth & Annie

HOPE Team to Baluchistan included Dr. Mubina Agboatwala, Mr. Mazhar Valjee, Ms. Seema Zuberi, Mrs. Mehmood, Ms. Suroor Mehmood, Ms. Maleeha Diwan, Dr. Tariq Jamil, Dr. Maria Tariq, Dr. Rehana Ahmed, Mr. Rukhsana Shaheen, Mr. Sohail Hussain, Ms. Zahida Khanum, Mr. Aminuddin, Mr. Nassimuddin, Mr. Asad and Mr. Bilal.

HSBC's Grand Iftar for HOPE School Children

With the advent of Ramzan, Iftar and dinners become a norm. These vary from lavish iftar buffets to parties. However, the poor children living in downtrodden areas consider themselves fortunate if they get a frugal iftar of dates and pakoras.

This year HSBC Bank came up with the wonderful idea of providing a lavish iftar and dinner for 700 underprivileged children of HOPE Schools as well as the patients of HOPE Hospital. On 23rd October, a grand Iftar was arranged at Zia Colony. An extensive shamiana was set up on the ground adjacent to the HOPE School, to accommodate the children as well as guests. By 6 pm hordes of children began arriving, attired in their best outfits. Arrangements were also made to transport about 200 school children from Bilal Colony and Manzoor Colony along with their teachers. Children sat in rows with perfect discipline waiting for the HSBC team to arrive along with Ms. Sana Nooruddin, Ms. Sanum Ali Fuda and other members.

Dr. Mubina Agboatwala with the team, as well as the Helpers of HOPE headed by Mr. Saad Amanullah were present to supervise the arrangements. The children waited patiently for the opening of the fast, although there was an array of delicious culinary placed before them, like chicken rolls, chicken bites, cutlets, pastries, etc. It was indeed very satisfying to see the children enjoy their meal. At iftar, the school children as well as HSBC Bank officials



sat together to enjoy the blessings of the holy month, keeping with the true spirit of Islam. Many important community members were present. Iftar was soon followed by a delicious dinner.

HOPE NGO thanks HSBC bank for the generosity extended to the children of HOPE Schools and looks forward to continuing this tradition every year.



Dr. Mubina Agboatwala

P&G-HOPE-TCF Teacher Trainings

Recently, all the teachers of the P&G-HOPE home schools were trained for a week through a custom-built TCF training.

The Citizen's Foundation is a not-for-profit organization with a wide network of schools spread across Pakistan. This was the first training of an external organization held by TCF, preceded by extensive and detailed surveying and meetings with the HOPE teachers to ascertain their needs and current expertise. The training focused on improving the multi-grade teaching system integrated within the P&G-HOPE Home schools, by aiming to improve the understanding of cognitive and socio-emotional development of children. This program targeted at developing and managing effective teaching strategies, using story-telling as a learning tool. In addition behavioral management and creative teaching techniques were integrated in their training. The training received a very positive response from the HOPE teachers, who expressed the great need for this training as well as their desire to implement the teaching strategies taught to them.

Nausheen Ishtiaq



Barclays to fund 100 new HOPE schools countrywide

Barclays Bank Pakistan announced that it will fund around 100 informal schools of the local NGO-HOPE, all over Pakistan. This is a contribution which will educate approximately 4,000 underprivileged children country-wide in one year.

Commenting on the project, Mohsin Nathani, Managing Director and Country Head, Barclays Bank Pakistan said: "We, at Barclays Pakistan are committed towards contributing to communities in which we operate. The most significant impact that we see of the partnership with HOPE is to play a role in increasing female literacy in Pakistan." Mr. Nathani also remarked that besides the financial support, periodic participation from the employees of Barclays Bank Pakistan as volunteers in these schools would enable the staff to truly feel a part of the everyday lives of these people whom the Bank strives to make a difference to.



Sharing details of this project, Dr. Mubina Agboatwala, Chairperson HOPE said: "The Barclays funded Home Schools will be located in the urban slums as well as rural areas of Pakistan, such as Ghagger, Thatta, Sajawal, Jhirk, Dadu as well Muzaffarabad (AJK). These are impoverished areas with few functioning schools where the population comprises of labourers, drivers, factory workers in cities and farmers in rural areas."

Rotary Continental brings smiles to children of HOPE Home Schools

Eid gifts were generously given to HOPE Home School children by The Rotary Club of Karachi, Continental. These gifts were personally distributed by Rtn. Nassim Ahmed. Much to the delight of the students these bags contained juices, candies as well as stationery. Gifts were distributed to the schools which are sponsored by Rtn. Faiza Savul, Rtn. Yasin Siddiq, Rtn. Mazhar Valjee and Rtn. Tariq Irshad.



HOPE Ramzan Campaign

The HOPE Ramzan Campaign was widely featured on different media channels and stations. HOPE is extremely grateful to the various FM radio stations and TV Channels in promoting the HOPE cause. This included airing of the HOPE message, HOPE song as well as personal interviews.

HOPE takes this opportunity to express its gratitude to the following:

FM 91 Radio One, for airing the HOPE song as well as an interview with Dr. Mubina Agboatwala. Special thanks to Ms. Shazia Amin, Ms. Anita Kenneth and Ms. Annie.

FM 107, for airing the HOPE song as well as an interview with Dr. Mubina Agboatwala. Special thanks to Mr. Danish and Ms. Nausheen.

TV ONE, for airing the HOPE song as well as the HOPE message. Special Thanks to Ms. Seema Tahir for her assistance.

AAJ TV, for airing the HOPE song and message Special Thanks to Mr. Arshad Zuberi for his help.

Indus TV, for airing the HOPE song as well as the message. Special Thanks to Mr. Hassan Soomro for his humanitarian spirit.

ARY Digital, for airing the HOPE song as well as the HOPE message. Special thanks to Mr. Abdullah Kadwani and Mr. Ali Ammar for their help.

Rotary Club of Karachi Cosmopolitan

The Rotary club of Karachi Cosmopolitan has always been an avid supporter of HOPE. Rtn Captain Sultan Shakir (President 2007/08), Rtn Fauzia Sayeed (V.President), Rtn M.A. Sayeedd (P. President), Rtn S. Amjad Hussain (Hon Sec 2008-09), Rtn Dr Ali Akhtar (Governor 2003-04 / District Chairman/ Country Chair) and Dhannushka Jayakody proved their commitment by visiting the HOPE school on 29th November, 2008. The Rotarians generously donated 30 desks to the HOPE School at Zia Colony. They also brought fruits and eatables for the students. Under the president ship of Rtn. Captain Sultan Shakir, the Rotary club of Karachi Cosmopolitan donated 300 schoolbags as well. HOPE School, Zia colony is greatly appreciative to the Rotarians for their considerate and benevolent contributions.



Ms. Suroor Mehmood

Dr. Tanveer Ahmad's experience at HOPE Hospital

HOPE Hospital, located in the slums of Korangi at Zia Colony, gratifies the needs of the residents of the area, providing vital general healthcare and maternity facilities.

Besides providing basic health care services to the people and creating awareness about hygiene and cleanliness, the hospital is well equipped with a modern operating theatre with its own autoclave, monitors, anesthesia machine and an emergency generator. A trained OT technician is employed to keep the theatre in running condition at all times so that surgeries can be performed with ease.



I have been rendering my services as a surgeon at HOPE hospital for 18 months and would like to share my experiences. The number of hand injuries is significant as this hospital caters to the employees of industrial area of Korangi. We have managed cases with traumatic finger amputations, removal of foreign bodies from various parts of the body as well as fractures. Emergency surgeries are a sizeable chunk of the surgical load and common surgeries like appendicectomies have been performed with most satisfying results. It would be important to point out that most cases of medium severity have been performed under spinal anesthesia thus reducing the final cost of surgery and avoiding any complications that may arise during general anesthesia.

Tuberculosis is common in this part of Karachi and we have managed patients with Tuberculous Empyema thoracis by rib resections and window formations in patients not fit for a major surgical procedure.

I would like to acclaim the support offered to me by the able staff and colleagues working at HOPE Hospital, under the very dynamic leadership of Dr. Mubina Agboatwala. I wish her all the success in her future endeavors in providing affordable healthcare to the slums of Karachi.

Dr. Tanveer Ahmad

MBBS; FCPS; FRCS (Glasgow)

Consultant General and Thoracic Surgeon HOPE Hospital

Helpers of HOPE Committee

- Mr. Saad Amanullah Khan
- Ms. Anisa Atif
- Ms. Zeba Jawaid Iqbal
- Ms. Wajida Asad
- Mr. Muhammad Ifrahim
- Ms. Nasreen Mateen
- Ms. Ismaa Khan
- Ms. Anisa Rashid
- Mrs. Nilofer Baig
- Ms. Seema Zuberi
- Ms. Samina Haider



Aleya Nizam



Raheem Khan

P&G Intern Volunteerism Day

P&G prides itself on its Summer Internship Program that gives students across Pakistan the unique opportunity to work at P&G for a summer, undertaking real-life projects. This summer, for the first time, P&G introduced the concept of "Intern Volunteerism Day", the aim of which was to bring to life P&G's community projects to P&G interns.



"Keeping The HOPE Alive" is an emblem of P&G's long-term partnership with one of Karachi's leading NGOs- HOPE. P&G interns spent a day with the school children of P&G-HOPE schools. The interns participated in educational games with the children, and organized a number of fun public speaking and learning activities. The overwhelmingly response from the interns as well as the bright smiles on the faces of the HOPE school-children were greatly empowering and rewarding. Encouraged by the outcome, P&G has decided to include Intern Volunteerism Day as an element in subsequent Summer Internship Programs.

Nausheen Ishtiaq

Iffco Supports HOPE

Mr. Mashkoor Alam, CEO Iffco, Pakistan recently visited the HOPE school and Hospital and greatly appreciated the services being offered by HOPE. To support these activities Mr. Feroz Allana and Mr. Shiraz Allana of Iffco ,UAE made a generous contribution to HOPE.



A Principal's Dedication

Mrs, Aisha Noorani is the principal of the HOPE School at Zia Colony, Karachi. It is not surprising that she handles her responsibilities with such dedication as she comes from a background where she saw her father and husband constantly involved in social work. Having lost her husband recently she opted to wholeheartedly involve herself with HOPE NGO.



Having a strong educational background Mrs. Noorani was well suited as head of the school. She has made remarkable improvements in the management of the school, especially where lesson planning of the teachers and completion of the syllabus is concerned. Mrs. Aisha also takes a keen interest as far as extra curricular activities are concerned.

Dr. Mubina Agboatwala

Zakat Donations by Schools

Many prestigious schools in the city joined hands with HOPE during Ramzan to provide zakat donations, food rations as well as Eid gifts for the students of HOPE School.

City School DK Campus: Both the girls and boys campus were extremely generous in providing donations in the form of cash, clothes, shoes and food for the poor and needy. From the girls section Mrs. Nilofer Baig and Mrs. Wajida Asad dynamically motivated the children.

City School PAF Chapter. Mrs. Shireen Karamally played a very active role in inspiring the children to donate in cash and kind during Ramzan. The students of City School PAF Chapter collected clothes, ration and books for the children.

Lacole School. The children of Lacole School led by their Headmistress Mrs. Surraya Aqeel generously donated a cheque of Rs. 50,000 for the HOPE cause.

Faheem School Senior, Girls Section. Mrs. Ghazala Ejaz who recently joined the School, enthusiastically arranged for the girls to view the HOPE presentation.

Beacon House PECHS Middle Branch. The students generously donated food, books and clothes for the children especially for the rural areas, thanks to the cooperation of Mrs. Adam Khan.

City School Prep Boys-North Nazimabad. Mrs. Farieha Tahir along with Ms. Asma Khan played a very active role in inspiring the children to donate in cash and kind during Ramzan. The students collected clothes, ration and books for the donation.

List of Collaborators

1. Embassy of Japan
2. Japanese Women Association
3. The Consulate of Germany
4. UNICEF
5. World Health Organization (WHO)
6. Centre for Disease Control, (CDC), Atlanta (USA)
7. Procter & Gamble, Cincinnati and Pakistan
8. John Hopkins School of Public Health, USA
9. The Asia Foundation
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YOU CAN HELP MAKE A DIFFERENCE.....

Your contribution can help educate a child and help make a family healthy

HOW!

- For just Rs. 4000 educate a child via formal school and support his health for one year.
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- For just Rs. 5000 educate an older child in secondary and high school for one year.
- For Rs. 5000 adopt a hospital bed for one month.
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- For only Rs. 5000 adopt a TB patient for its complete treatment.
- Help with investigation and treatment of poor and needy patients - as much as you can afford.
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