

RISING HOPE

HEALTH ORIENTED PREVENTIVE EDUCATION



NEWSLETTER

MAY 2008

Chairperson's Message



Dear Friends,

Asslam Alaikum

This second issue of Rising HOPE in 2008 comes after the Earth Quake Supplement and hence will give you more news about the Karawan HOPE. Though, our relief efforts in Dadu, took place in 2007, the impact and the resultant poverty and displacement was so extensive, that HOPE decided to continue working in Dadu in the health sector. We

are giving you some news on that. In addition, many others have come forth and joined the HOPE Karawan, including Indus Valley School of Art and Architecture, The Rookies Theatre Group, City School Branches adoption of new schools by Rotary Continental and many individual philanthropists. Inspite of expanding HOPE's activities from Muzaffarabad in the north to Thatta and Dadu in the South, we feel we are but a drop in the ocean. There is so much one can do for humanity. I strongly urge our readers to join hands with HOPE in whatever capacity, each drop counts- Qatra Qatra darya Banta Haey.

Dr. Mubina Agboatwalla

Editorial



Dear Readers,

Our April issue of Rising HOPE brings with it up dates on HOPE activities since early this year. The news letter is southward bound to give you a glimpse of our relief works for the flood stricken areas of Sindh and Baluchistan.

Personal experiences coupled with view points of old and new Friends of HOPE and internees will give you an indication of their deep attachment to the NGO. The City School Fun-fair, Walk-a-thons and Fund raisings plays, all contributing generously to HOPE's projects to add a touch of luster to the lives of many deprived fellowmen. At HOPE it really seems there is hope for all those suffering. Undoubtedly the devotion of Dr.Mubina Agboatwalla continues to inspire all those who cross her path and each wanting to be a part of the noble cause HOPE stands for.

On behalf of HOPE I thank all those who stand for the integrity of the NGO and eagerly welcome new contributions, in the near future, from our readers.

Ms. Ismat Asad Ali



HOPE's Assistance in Dadu

In the last week of June 2007, the combined effect of cyclone Yemyin and lashing monsoon rains caused floods in various districts of Balochistan and Sindh. It was reported that more than 100,000 people were displaced in both districts. Through the collaboration of UNICEF, HOPE started rehabilitation activities for the flood affected displaced population in the Taluka Johi, Khairpur Natan Shah and Mehar of District Dadu. HOPE with the assistance of UNICEF and other donors provided immediate access to nutritional services, which included therapeutic care for the severely malnourished children with complications, OTP for severely malnourished children with no complications and supplementary feeding for moderately malnourished children less than five years of age, pregnant and lactating women.

Direct Beneficiaries:

Total children, pregnant and lactating mothers approx.: 46, 774
Total Number of Children 6 to 59 Months of age approx.: 30,787
Total Number of pregnant and lactating women approx.: 15,987

A team of five doctors and twenty paramedical staff reached fifteen Union Councils and thirty-three villages using three mobile teams. UNICEF provided supplementary nourishments in the form of UNIMIX and Plumpynuts. A ten bedded ward at Civil Hospital, Dadu, was supervised by the HOPE team to treat the sick and severely emaciated children.

HSBC Bank provided generous aid in the form of medicines, tents, chattais, groceries, (rice, wheat, daal etc). In addition, Indus Motor Company also provided medicines for the medical camps at Dadu. HOPE extends its appreciation to both these prominent corporations.

Dr. Mubina Agboatwalla

Directors of HOPE



Mr. Tariq Niazi



Dr. Khalid Omer

Helpers of HOPE



Headed by
Mr. Saad Amanullah Khan



Mr. Danish Agboatwala
U.S. HOPE Coordinator

The Rookies Fund Raising Play for HOPE

The Rookies under the guidance of Abida Hamid organized a play "The Importance of Being Ernest" by Oscar Wilde, at the Arts Council of Karachi. Though it was a pioneer effort by The Rookies, it was well produced and professionally enacted. The play ran to full house from 28th Feb to 1st March 08. Students from Southshore, Lyceum and City School (DK) along with their parents viewed the play.



The Importance of Being Ernest was produced by Abida Hamid and directed by Zeeshan Shah. The cast comprised of Zeeshan Shah as Algernon Moncrieff, Zaid Majeed as John Worthing, Mahnoor Shah as Gwendolen, Mahum Talpur as Ms. Cecily Cardew, Mushal Zaman as Lady Bracknell, Shan Alan as Lane, the Butler, Ehab Ansari as Dr. Chasuble, Hafsa Zuberi as Miss Prism, Daniyal Shah as Merriman. The others who helped make the play a success were Abeera Khan, [Assistant Producer] Maha Hussain [Backstage Coordinator] and Aman Tareen [Set coordinator].



The Rookies graciously handed over the proceeds of the play to HOPE. These funds will be used by the NGO in its charitable works. HOPE looks forward to The Rookies continual cooperation.

Dr. Mubina Agboatwala

Respite for Flooded Dadu

A severe storm (Tropical Cyclone Yemyin) lashed the coastal areas of Pakistan in June 2007 causing heavy rains and flooding in Sindh Province (Karachi, Thatta, Badin, Dadu, and Qamber-Shahdad Kot districts) Balochistan Province (Pasni, Ormara, Turbat (UCs Nasir Abad, Nodez and Kalatu), Gawader, Sibi, Jaffarabad, Lasbella and Loralie districts) and NWFP (Khyber Agency and Wana, South Waziristan).



Dadu District received heavy rainfall beyond expectations, causing the MNV canal, which leads excess water to the sea, to break and flood the area. As far as the eye could see the land was submerged in water. The wide spread floods left people homeless and completely helpless. The Government along with several NGOs came to their assistance. The poverty stricken population was further subjected to malnutrition and spreading disease. To alleviate their sufferings, HOPE and UNICEF jointly started a program which catered to the needs of pregnant women and malnutrition children, providing basic provisions and medical care.



Three dedicated mobile teams were deputed in different areas. Their survey covered 36 villages per day, where they provided foodstuff and medication. Several critical cases were brought for treatment to the Civil Hospital, Dadu. The Therapeutic Feeding Center (TFC) provided devoted care over a period of four months, saving precious lives of the residents of Dadu District.

Dr. Allah Bukhsh

I Have a Dream...

I am a student of Class five at the HOPE Home School in Mujahid Colony. I belong to a very poor family. My father is a barber by profession. The rent of our house is two thousand rupees per month and on an average my father earns three thousand rupees monthly. With a family of eight members, it is impossible to make two ends meet, therefore my mother also has to work to facilitate the family income.



My sister, who suffers from tuberculosis, is sick very often. Due to financial constraints, proper medical treatment for her becomes difficult. I enjoy studying and one day I aspire to become a doctor. I wonder if my dream will come true. I fear that it will be shattered and look to HOPE to help me realize my dream.

Kauasr Mukhtiar (Sohail Hussain)

'Service before Self'

Rotary Club of Karachi Continental

Under the able leadership of President Abdur Rafay, the members of Rotary Club of Karachi Continental (RCKC) demonstrated great generosity by adopting a total of 14 home schools (where functional literacy is being provided to children in homes) in the year 2007-08 through Dr. Mubina Agboatwala of HOPE.

The Community Services of RCKC adopted two home schools followed by Rtn. Yasin Siddik and Rtn. Shoaib Savul who took on one school each.

Dr. Mubina Agboatwala and her team accompanied President Rafay, Rtnne Shahwar Rafay, Community Service Director Nas-sim Ahmad, President

Elect Naheed Irshaduddin, PP Shabaz Quereshi, Rtnne Faiza Savul, Rtn Rais Khan, Rtnne Rehana Khan and Rtn Yasin Siddik to visit the adopted home schools. All members present were very enthusiastic about the project.

The Rotary spirit of 'Service above Self' prevailed amongst the rest of the members and the momentum caught on in the following meeting where further commitments of adoption of one school each were made by: Rtn Amin

Bandukta, Rtn. Mazhar Valjee, Rtnne Naveed Javeri, Rtn. Asif Ali Rashid, Rtn. Irfan Bawani, Rtnne Naheed Beg, Rtnne Shahwar Rafay and Rtn Murtaza Mashooqullah. Rtn Murtaza Mashooqullah a generous donor to various causes has been supporting a home school with HOPE for a few years.

Through Rtn Yasin Siddik, one home school was adopted by his friend Shakir Lotia. Rtn Yasin Siddik has promised the adoption of three more schools through his friends.

Congratulations to the members of the Rotary Club of Karachi Continental for their excellent work!

Ms. Nassim Ahmed



Needed Ambulance For Patients

Donation for Transport of Patients
Suzuki Hi Roof or Toyota Hi Ace

New Helper of HOPE

Ms. Seema Zuberi, a well known figure in social circles and an educationist by profession, is also an active social worker. Ms Zuberi is affiliated to a number of charitable organizations and participates in various fund raising activities. Though she has recently joined the Helpers of HOPE Committee, her enthusiasm is vibrant and she has contributed extensively to the HOPE cause through Fund Raisers as well as personally.



Walking for a Cause

HOPE NGO arranged a walk-a-thon on Saturday 8th March 2008 for the students of the City School Darakhshan Campus. Starting from Gate NO.2 the students walked via Kh-e-Rahat onto Sea view towards the Village Restaurant and back to the School Campus.

HOPE had made arrangements for food and beverages stalls for the students at the ground facing the Darakhshan Campus. The students quenched their thirst after their laudable efforts and treated themselves to a snack at the Pizza Next stall. They also keenly contributed to the HOPE collection boxes by purchasing wrist bands, caps and HOPE T-shirts from the NGO's stall.

While the registration for the marathon commenced at 9:00 am, the actual walk began at 10:00 am. The City School students were joined by students of the HOPE school.

The students of both schools carried banners printed with thought provoking slogans such as 'Prevention is better than cure' and 'Help poor Patients- Join hands with HOPE'.

Dr Mubina Agboatwala had arrangements for security by the rangers. Mobiles carrying soft drinks, juices and bottled water for the participants were a welcome treat. Enthusiastic partakers who completed the marathon despite the heat were awarded gift hampers by Dr. Agboatwala on behalf of HOPE.

Ms. Wajida Asad



A Glimpse of Reality

Interning with HOPE in February 2008 brought me face to face with the realities of life few of us are exposed to. The only solace for me was the fact that I could lend a helping hand for six weeks to ease a few difficulties confronted by many.

In the first week I was exposed to a different world on my visit to the Thatta to the School and Hospital constructed by HOPE. The entire trip was an educational experience as I learned a great deal about the lives of the people there. Speaking to the principal and teachers of the HOPE school, I was amazed at their drive and passion to learn and to achieve something. I also visited several villages in interior Sindh with the students of Indus Valley School of Arts. These Indus Valley students were working with HOPE to create a package that would spread an awareness of HOPE's activities to the privileged class and offer them an opportunity to help. I was speechless at seeing their creativity. Each student had in a unique way come up with exceptional pieces of work.

HOPE works hand in hand with school systems to create awareness amongst youngsters about the work the NGO does for downtrodden communities. The City School Darakhshan branch organized a walk-a-thon to raise funds for HOPE. The cooperation of the principal and the students helped in passing on the message of HOPE in quite a unique way.

I also participated in the 'Hand Washing Project' which covered private schools in areas such as Malir, Korangi and Landhi. HOPE in collaboration with CDC, Atlanta in both Philippines and China conducted this survey over a period of 120 days, encouraging regular hand washing to keep healthy.

At HOPE I gained valuable exposure to lives around me and wisdom to look beyond my self, towards those who need assistance. As a poet wisely wrote, I will pass this way but once if there is any good that I can do let me do it now for I'll never pass this way again.

Hoor Jangda



Computers for Progress at HOPE

HOPE NGO greatly appreciates the donations by Dupont, Pakistan. The company donated 5 PC IV computers to HOPE for vocational training of the youth. The donation was made by Mr. Arshad Shafiq and Ms. Seema Kapadia to Dr. Mubina Agboatwalla at the Dupont Office.



Alice in HOPE Hospital

Alice delivered a baby boy at HOPE Hospital on Feb 15th 2008. For her this was the most blessed day of her life as she held her precious 'bundle of joy'. Alice's happiness knew no bounds as this was her first baby after five years of her marriage. The following day Alice and her baby were discharged from HOPE hospital in perfect health.

The first day at home passed well, the following morning while Alice was



feeding her baby, accidentally the newborn aspirated milk into his lungs and began coughing and within seconds he became blue and breathless. Acting prudently Alice and her husband rushed the infant back to HOPE Hospital where the doctors gave the baby instant medical assistance and administered resuscitation.

Though in a critical condition, the baby began breathing on its own. The infant was placed in an incubator where the duty staff kept a twenty-four hour vigil. The baby had developed Aspiration Pneumonia and experienced complication like fits and low sugar levels.

Believing strongly in the power of prayers, the anxious parents kept praying for their son's recovery. Ten days later the newborn was discharged from hospital. Alice was greatly indebted to HOPE Hospital; knowing full well that were it not for the incubator facility and the excellent care of the Staff at HOPE Hospital, her precious son could not have made it.

Dr. Rehana Ahmed

List of Collaborators

1. Embassy of Japan
2. Japanese Women Association
3. The Consulate of Germany
4. UNICEF
5. World Health Organization (WHO)
6. Centre for Disease Control, (CDC), Atlanta (USA)
7. Procter & Gamble, Cincinnati and Pakistan
8. John Hopkins School of Public Health, USA
9. The Asia Foundation
10. Rotary Club of Karachi, Metropolitan
11. Rotary Club of Karachi, Cosmopolitan
12. Rotary Club of Karachi, Continental
13. ARY Cash & Carry
14. Philantropists

Combating Malnutrition in inundated Dadu

Widespread destruction was caused by the floods that struck Dadu and areas of Balochistan in 2007. Homes and crops were washed away, numerous lives were lost and the health of the populace was endangered. To combat the extensive malnutrition and disease in the aftermath of the floods,



HOPE in collaboration with UNICEF set up a project in district Dadu. The teams, deputed in three different areas, brought critical cases to the Therapeutic Feeding Center (TFC) which consists of a 10 bedded ward at the Civil Hospital, Dadu. The patients admitted to the TFC were severely malnourished with

complications. At the Center first the complications were treated and the patients were given several nutrition supplements such as F-75, F-100 milk formula and Plumpy-nuts.

Our case studies high light the remarkable work carried out under this joined project.

Four year old Hakim that was brought to us complaining of a persistent chest infection and fever. The frail boy weighed only 6.4 kg and was severely malnourished, unable to sit-up, walk or speak.

The young boy was admitted in the Civil Hospital for treatment, and was put on F-75 and F-100 milk formula for 10 days after which he was discharged. On discharge a supplement of Plumpynuts was given to him for a further 15 days. Over the next three months regular follow-ups were maintained and there were a significant improvement in his condition. His weight increased to 11.5 kg and he was able to sit and speak. Seeing the noticeable improvement in their child's health, the parents were extremely thankful to the organization.

In another case, Bilquis aged 2 ½ was admitted with a complaint of recurrent diarrhea and she had no strength to move. This infant weighed a mere 5kg and had a prominent ribcage and a widening at the wrist joint.

The patient was provided with a week's treatment at the TFC, where she was given the formula milk F-75 and F-100 as a supplement. After being discharged she was provided with sachets of Plumpynuts to be taken for two weeks. With regular follow-ups over the next three months the patient's health improved significantly as her weight rose to 8.5kg and she was able to walk again. With such a remarkable change in the child's health the parents were overjoyed and ever so grateful to HOPE for the assistance.

Dr. Abdul Majeed

Donations from Oosman and Rahima bai Foundation

HOPE received a generous contribution from The Oosman and Rahimabai Foundation for the HOPE vocational centres. The Foundation donated 18 computers, a Fax Machine, computer tables, classroom chairs, cupboards and other furniture items required to set up new vocational centers for women and girls as well as upgrade the existing centres at Manzoor colony and Zia Colony.

Mr. Anwar Oosman, Mr. Feroz Oosman and Mr. Samir Oosman made the donation on behalf Rahima Bai Foundation. HOPE expresses its deep gratitude to Oosman and Rahima Bai Foundation and looks forward to further cooperation.

Proud to be a 'Helper of HOPE'

Looking back over the past four years with HOPE, I recall how it all started. My husband was convalescing from an ankle surgery when a dear friend of his, Saad Amanullah (President Helpers of HOPE), paid us a visit. In the course of our conversation he mentioned HOPE and persuaded me to join the organization and utilize my spare time fruitfully. He enthusiastically arranged a meeting with the Chairperson, Dr. Mubina Agboatwalla and a tour of the HOPE Hospital and the School located in Zia Colony. At that time I had no idea that I would be so fervently involved with this NGO in the years to come.



The vision of HOPE, other than health, is to provide education to the under privileged segment of our province. Browsing through the brochures, I opted to assist the "Adopt a Child" scheme. What caught my attention was that a mere two thousand five hundred per annum would provide education to a child at an informal school system and four thousand annually at a formal school system. I marketed the idea to 'mothers' and received an overwhelming response.

I appreciate the trust shown by my friends and sincerely look forward to their continued support in the future too. I thank the HOPE team for providing me with a purpose, and most importantly, I am extremely grateful to Saad Amanullah for introducing me to HOPE.

Ms. Zeba Jawaid Iqbal

HSBC to the Rescue

The floods in Dadu, not only resulted in great financial loss but left the survivors homeless with wide spreading infections to combat. At such a time of crises HSBC extended its much appreciated help through HOPE to these areas.

They provided food stuff, chattais, medication and other necessities.

The HOPE team dispatched these items in truck loads after labeling each item. On arrival at Dadu the distributed was conducted under the supervision of Dr. Mubina Agboatwalla.



Helper of HOPE-Mrs. Wajida Asad.

Mrs. Wajida Asad has been a passive helper of HOPE for the past two year.

She has recently joined the HOPE activities in an dynamic way. She obtained a Masters degree in Physics with a "Roll of Honour" from The University of Punjab in 1991 and started her profession as a Physics Instructor in PAF College E - 9 Islamabad.

Mrs. Asad is the Headmistress of The City School, Darakhshan Campus B.

Her association with this educational institution dates back, ten years. Being affiliated to the educational field since the past 13 years, she has professionally developed herself through various training courses.

Ms. Ghazala Siddiqui (P&G) introduced Mrs. Wajiha to HOPE; she was greatly impressed by the vision of HOPE and the various areas it covers. The nobility of the cause and the selfless dedication of the HOPE team inspired her to committee herself to this NGO. She was officially introduced as a HOPE helper by Mrs. Nilofer Baig (Principal of Darakhshan Campus B) in 2007. Ever since Mrs. Wajiha has extended her support to HOPE and has gone out of her way to help accomplish targets for the NGO.



Communication Package for HOPE by Students of Indus Valley School of Art and Architecture

During their seventh semester, students of the Department of Communication Design at the Indus Valley School of Art and Architecture are required to do a project on a social problem; for this they work along side NGOs, hospitals or organizations who work to improve the quality of life for underprivileged communities and the environment as a whole.

This year, these students worked with HOPE. The objective of the project was to communicate the



message of HOPE, increase awareness amongst potential donors, to generate funds, which would be directed towards the running and expansion of the NGO- 'HOPE'.



The execution was brilliant! The project included a communication package which elaborated on what HOPE is all about. The students explained services, scope, strengths and plans in the pipeline at HOPE.

This communication was targeted to philanthropists, overseas Pakistanis and Organi-

zations such as multinational and local corporations.

HOPE has a multidimensional approach towards elevating the standard of living amongst the underprivileged population. Keeping this in mind, students gave equal importance to all the services provided by the organization. Before they started working on the design of the communication package, students did a comprehensive research. HOPE provided the much-appreciated assistance for the in-depth interviews of members of HOPE. As part of the hands-on learning, students visited home schools, medical facilities and hospitals in Karachi and couple of small towns in interior Sind. They photographed, filmed and collected information, which could help them effectively communicate HOPE's message to the donors. After the research, students compiled all the information into an interesting, multi-dimensional promotion effort. This included well-designed presentations, brochures, postcards, animations, music videos and documentaries.

This project gave students the opportunity to understand the problems faced by the underprivileged, and to find solutions to their problems. It not only gave them the required exposure, but also a chance to use their talent and skill to serve humanity and help an organization and the community at large in their effort to bring higher quality of life to the underprivileged communities of our country.

Ms Mehvush Zaidi

Conference at Bali-Indonesia

Dr. Mubina Agboatwalla represented HOPE at the Infant and Young Child Feeding in Emergencies: 'Regional Experiences and Challenges in Achieving Optimal Early Response' at Bali, Indonesia. The conference was arranged by UNICEF



The City School-Funfair

Celebrating 30 years of academic excellence in 2008, The City School has arranged various events to commemorate their achievement. On February 12, the Senior Boys Branch, Tipu Sultan Road, organized a funfair. Ms Ghazala Ejaz, the Principal and the students chose to extend their joy to the children studying at the HOPE school, making them a part of their merriment. Eighteen excited students of HOPE schools' accompanied by their headmistress and a few teachers, joined the fun and laughter at the boys branch.



The main attraction for all the students, were the various stalls that provided enjoyable games and music. Children could even dedicate songs for their friends. There were throngs of youngsters at the stalls of Kentucky Fried Chicken and outlets of warm and cold beverages to appease their appetites. The HOPE students were overwhelmed by the diversity of entertainment offered to them as they involved themselves in various games. This fun-packed event was a welcome change from their daily routine



as it was for the students of The City School. The City School gifted KFC goody bags to the HOPE students. One could see the expressions of glee on their faces as they experienced a unique opportunity to mingle with other students and be a part of their celebrations. Ms. Hoor Jangda

as it was for the students of The City School.

The City School gifted KFC goody bags to the HOPE students. One could see the expressions of glee on their faces as they experienced a unique opportunity to mingle with other students and be a part of their celebrations. Ms. Hoor Jangda

HOPE Thanks the " Silent Donors "

HOPE would like to extend its deep appreciation to its silent donors and philanthropists , the people who help HOPE run its network of schools and hospitals. These are the people who are regular donors of HOPE, who contribute silently in the form of both cash and kind - medicines, medical equipment, books etc. They quietly come and extend their help, provide the necessary funds but do not want their names advertised. Whenever HOPE needs help they are there and immediately come forward. HOPE depends on them to continue its charitable work and salutes these silent donors

Adopt a Child

Children studying in HOPE School belong to the low socio - economic class. These children cannot afford to go to school and would otherwise be playing on the street.

HOPE has started a scheme of ADOPT A CHILD whereby the educational needs of a child for one year can be looked after by a volunteer donor. This includes the education expenses of the child including books, uniform, stationeries, shoes etc. The amount for adopting a primary school child is Rs. 2500 per year while the amount for adopting a secondary or high school child is Rs. 4000 per year.

By donating this amount you can contribute to providing one full year of education for a child. The progress of the child is shared with the donor who has adopted the child.

Adopt a TB Patient

HOPE is running a TB clinic for tuberculosis patients in Thatta, where tuberculosis drugs are provided to TB patients from the villages around Thatta. The treatment cost of one TB patient is Rs. 500 per month. The total duration of the treatment is eight months. Hence, the total treatment cost of one TB patient is 4000 per annum. It is requested that people should come forward and adopt TB patients so that a large number of TB patients can be provided TB medicines free of cost.

Visiting Remote areas of Karachi

Located 30-35 km from central Karachi are settlements that few karachites are aware of. My visit with Dr. Mubina Agboatwalla to four such settlements proved an eye-opener for me. The residents lived in little shelters made of mud and hay. The purpose of our visit was to distribute groceries to them. Poor living conditions and no access to clean drinking water forced these people to drink water from stagnant pools. Much to the relief of the residents HOPE has recently dug wells and installed water pumps to bring clean drinking water to these settlements.



clean drinking water to these settlements.

Our tour of the HOPE Home Schools was very interesting. The introduction of this idea has helped spread education for the underprivileged children and has also provided employment for older girls, as teachers, in these remote areas. Several Friends of HOPE have adopted Home Schools which are

facilitating the HOPE target for education. The HOPE Hospital and formal

school set up in Thatta is a break through for the inhabitants. The hospital provides treatment to the people of Thatta and its surrounding areas. The hospital is well equipped with all modern facilities, therefore the patients no longer need to travel long distances to hospitals in Karachi. There is an acute need for this building to be extended so as to accommodate more patients. Classes for the juniors are held on the first floor of the building.



Having keenly observed the progress of HOPE over the past ten years I can see the inner fulfillment radiate from Dr. Mubina Agboatwalla which speaks volumes of the innumerable projects HOPE has accomplish over the years. Ms. Shabana Asif Balagamwalla

Friend of HOPE. Mr. Mazher Valjee



Mr. Mazher Valjee is a well known business man and social worker. He has 28 years of experience in leading businesses engaged in manufacturing, marketing and packaging of building materials, engineering products and assembly of autos. He has also been associated with the retailing sector.

Mr. Mazher Valjee is engaged in various social work projects and is presently Vice President & Director Vocational of Rotary Club Continental Karachi. He has been an avid supporter of HOPE both in his social as well as personal capacity. Whenever HOPE needs him, Mr. Mazher Valjee is always there to help out whether it is computer centres, schools or hospitals. HOPE looks up to Mr. Mazher Valjee as a good friend.

New Members of HOPE



Dr. Allah Bukhsh



Falak Naz



Sohail Hussain



Sabeen Sheikh



Mudassir Mehmood

Helpers of HOPE Committee

- Mr. Saad Amanullah Khan
- Ms. Anisa Atif
- Ms. Zeba Jawaid Iqbal
- Ms. Wajida Asad
- Mr. Muhammad Ifrahim
- Ms. Nasreen Mateen
- Ms. Ismaa Khan
- Ms. Anisa Rashid
- Mrs. Nilofer Baig
- Ms. Seema Zuberi
- Ms. Samina Haider

Contributors for HOPE

- Procter & Gamble (P&G)
- Gillette Pakistan Limited
- Citi Bank
- Habib Bank
- Union Bank
- CMC
- ABN AMRO Bank
- Muslim Commercial Bank
- Engro Asahi Polymer & Chemicals Ltd
- Indus Motors
- Cadbury
- Colgate Palmolive
- DHL
- Searle
- Eli Lilly
- Wyeth Pakistan Limited
- Pak Mediacom
- Deloitte
- EFU
- JP Morgan
- Aamir Dehdi
- GSK
- GETZ Pharma
- Meezan Bank Ltd
- Agboatwalla Family
- Merck Sharp & Dohme
- Pepsi & Aquafina
- Abbot
- House of Habib
- Razaque Steel
- Ali Gohar & Co.
- American Express Bank
- EBM
- Pfizer Laboratories
- ICI
- Mandviwala & Zafar
- Unilever
- Multi Tech
- English Boot House
- Amin Amdani Family
- Qasim International Container Terminal
- New Hampshire Insurance Company
- Pakistan Petroleum Limited
- James Finlay Limited
- Adamjee Insurance Company Limited
- Iffico
- Manhattan International (Pvt.) Ltd
- Gerrys
- Pakistan Cables Limited
- Pakistan Tobacco Company
- Afghan Carpets
- Thal Limited Pakistan Papersack Division
- Dubai Islamic Bank Pakistan Ltd
- Premium Textile Mills Ltd
- Collectibles
- IAL
- Pioneer Cable
- Standard Chartered Bank
- HSBC Bank
- Artistic Garment Industries (Pvt) Ltd.
- Habib Metropolitan Bank Ltd.
- CNBC Pakistan
- Karam Ceramic Limited
- DuPont Pakistan Operations (Pvt.) Ltd.
- The First Micro Finance Bank Ltd.
- Ms. Satoo
- KASB Bank Limited
- Faysal Bank Limited
- BOC Pakistan Limited
- Neelo & Aslam Allawala
- Idrees Textile Mills Limited
- CocaCola Beverages Pakistan Limited
- 3M Pakistan (Pvt.) Ltd.
- Sanofi Aventis
- NCR
- Indus TV
- Engro Chemical Pakistan Limited
- Agha's Super Market
- Reckitt Benckiser
- Bank Alfalah Limited
- Siemens Pakistan Engineering Co. Ltd.
- Mobilink GSM
- Prestige
- CISCO
- PICIC Insurance Limited



Credits:

Editor In Chief:

Dr. Mubina Agboatwalla

Managing Editor:

Ms. Ismat Asad Ali

Editorial Board:

Mr. Faisal Sarwari

Dr. Abida Raza

Dr. Maria Tariq

Mr. Nasim-ud-din

Mr. S. M. Asad Ali

Mr. Jatender Hans

Ms. Zahida Khanum

Ms. Badarunisa

Dr. Rehana Ahmed

Mr. Sohail Hussain

Mr. Danish Agboatwalla

Design & Layout by:

Spectrum Communications

Spectrumdyr.com

Donations

To contribute to these charitable works and to provide quality health and education to the impoverished population, we would like your sincere help and contributions.

YOU CAN HELP MAKE A DIFFERENCE.....

Your contribution can help educate a child and help make a family healthy

HOW!

- For just Rs. 3500 educate a child via formal school and support his health for one year.
- For Rs. 2500 educate a child via informal home schools for a year.
- For just Rs. 4000 educate an older child in secondary and high school for one year.
- For Rs. 5000 adopt a hospital bed for one month.
- For Rs. 30,000 adopt an informal school for a year.
- For only Rs. 4000 adopt a TB patient for its complete treatment.
- Help with investigation and treatment of poor and needy patients - as much as you can afford.
- Hospital equipment required

Kindly send us your donations payable by cheque / Bank draft in the name of "HOPE"

ABN - AMRO Bank,

Shaheed-e-Millat Road Branch, Karachi, Pakistan

Account #: 420470026

Swift Code: ABNAPKKA

Standard Chartered Bank,

Main Branch, I I Chundrigarh Road Branch,

Karachi, Pakistan

Account #: 01619972001

Swift Code: SCBLPKKXXXX

Citi Bank,

AWT Plaza, I.I. Chundrigar Road, Karachi, Pakistan

Account #: 0350492003

Swift Code: CITIPKXX

Online Donations: www.hope-ngo.com

Donations can be made in cash or kind.

(Approved U/S 2 (36) of the Income Tax Ordinance 2001 by the Commissioner of Income Tax.). For further detail please contact us at HOPE Community Center.

HOPE COMMUNITY CENTER, KARACHI

Plot # B-40, Street # 28, Sector # 32-A, Zia Colony,
Korangi Industrial Area, Karachi, Pakistan.

Phone #: 92-21-5069450 - 5071423 - 2239930 - 4539393

Fax: 92-21-4520464

Email: agboat@hope-ngo.com

agboat@gerry.net

hope.charity@gmail.com

Website: www.hope-ngo.com

USA

For donations in USA

Account Title: HOPE USA

Bank: Bank of America

Account No: 011000138

Routing No: 00461604037

HOPE COMMUNITY CENTER, THATTA

Satiyoon Road, Bukhari Mohalla, Thatta.

Ph #: 92-298-550491 - 550492

HOPE MUZAFFARABAD, A.J.K.

Ward No. 22, Bella Noor Shah, Nelum Park

Muzaffarabad, A.J.K.

Ph: 0992542532

HOPE USA CHAPTER

Danish Agboatwalla

Ph # 917-733-46105

Email: danish@mit.edu

HOPE COMMUNITY CENTER, KARACHI

Plot # B-40, Street # 28, Sector # 32-A, Zia Colony,
Korangi Industrial Area, Karachi, Pakistan.

Phone #: 92-21-5069450 - 5071423 - 2239930 - 4539393

Fax: 92-21-4520464

Email: agboat@hope-ngo.com

Website: www.hope-ngo.com

HOPE COMMUNITY CENTER, THATTA

Satiyoon Road, Bukhari Mohalla, Thatta.

Ph #: 92-298-550491 - 550492

HOPE MUZAFFARABAD, A.J.K.

Ward No. 22, Bella Noor Shah, Nelum Park
Muzaffarabad, A.J.K.

Ph: 0992542532

HOPE

... امید کی پہلی کرن ...