

RISING HOPE

HEALTH ORIENTED PREVENTIVE EDUCATION

NEWSLETTER
APRIL 2012

Chairperson's Message



Dear Supporters of HOPE,
Asslamun Alaikum

As the year 2012 takes off, we at HOPE are setting new goals to serve as many people as possible. The Basic Health Unit at Sajawal, financed by Citibank, has been completed. This health centre will provide much needed health services in the far-flung town of Sajawal. In addition, we are planning to expand the HOPE school and hospital in Zia Colony. Another project undertaken has been the treatment of TB patients. With over 100 TB children under our care, I would strongly suggest people to come forward and adopt TB patients. We have also embarked upon a campaign to increase our presence on the social media platform- Facebook, Twitter, LinkedIn. We continue our endeavors with your support.

Dr. Mubina Agboatwalla
Chairperson

Editorial

Greetings from HOPE to all its valued donors. The HOPE newsletter brings to its readers an update on its recent activities. Karawan e Hayats free psychiatric camp was a great breakthrough in the area as it helped to channelize the treatment of many mentally disturbed patients. HOPE has extended its medical services to Sajawal with the newly constructed BHU under the patronage of Citibank. Joining the HOPE karawan recently were students from Szabist University and Iqra University who contributed quality time to the students of HOPE Formal School.

Placing their trust in HOPE, donors and supporters have never been let down by the NGO. Striving and marching on with its noble contribution towards a better Pakistan, HOPE holds on steadfastly to its convictions, never missing any opportunity to serve its countrymen.

Looking forward to many more donors, joining in to play their part for a healthy and educated Pakistan.

Ms. Ismat Asadali, Editor



Muzzafarabad School Visit

HOPE is currently operating 30 Home Schools in the mountainous regions of Northern Pakistan. These schools are located deep in the mountains and are difficult to reach due to the dangerous terrain. The lack of educational facilities prompted HOPE to open Home Schools in these



isolated regions of the country.

In December, a HOPE team travelled to Northern Pakistan for its annual Muzaffarabad monitoring trip. Each day, the team would travel a couple of hours by car from the city to the villages. However, after a certain point, cars cannot travel on the rough terrain, and the rest of the journey to the Home Schools had to be made on foot. The HOPE team was pleased to find that things were well managed by those in charge, especially Ms Fauzia Rizwan, the AJK Coordinator. Moreover the children were enthusiastic and motivated and the female teachers were hard working and dedicated.

It was a heartening and reassuring sight to see these young children showing such determination towards education despite living in dangerous conditions, where snow storms, landslides are common.



Citibank Supports Basic Health Unit in Sujawal

In March, HOPE opened a newly constructed Basic Health Unit in the impoverished area of Sujawal that was affected by the rains and floods. Funded by Citibank, this facility provides a number of services such as out-patient care, ultrasound, blood bank, laboratory, maternal, and child care, a labor room that can handle deliveries, etc. The



BHU is located in an area where health services are limited and the local residents must travel far to receive basic medical care. Ms Saba Karim and Mr Arif Usmani from Citibank have been coordinating with the HOPE staff for the opening of this BHU.

Directors of HOPE



Mr. Tariq Niazi



Dr. Khalid Omer

Helpers of HOPE



Headed by
Mr. Saad Amanullah Khan



Mr. Danish Agboatwala
U.S. HOPE Coordinator



Flood Relief Campaign, 2011

Last year, Sindh witnessed severe monsoon rains that destroyed infrastructure and displaced thousands. HOPE swiftly responded by dispatching teams to remote villages in Badin, Mirpurkhas, Sanghar, Umerkot and Tando Allahyar to provide emergency relief to the affected population.



- **2,550 families** provided with food and shelter ration.
- **500 families** provided P&G Water Purifier sachets.
- **400 families** provided mosquito nets.
- **5,225 men, women and children** provided medical care.

In total, HOPE reached out to approximately **28,675** affected people.



HOPE Launches "Adopt a Village" Campaign

Following the emergency relief campaign in Sindh in 2011, HOPE is now focusing on the rehabilitation phase that entails re-building communities. Earlier this year, Adamjee Insurance graciously offered to "Adopt a Village". This project includes the reconstruction of damaged houses and constructing a small school in a severely affected village called Yousuf Shaikh in Badin. Ms. Naima Shahab has been coordinating on behalf of Adamjee Insurance Company and personally visited the village.



The rains destroyed 60 out of the 80 houses in the village. Furthermore no schools existed in the village. Hence, the damaged houses have been restored and a small school will be set up in an area identified by the local community. This project is currently underway and is nearly completed.



HOPE collaborates with HCI for flood relief in Sindh



Human Concern International stepped forward to support HOPE's flood relief campaign in Sindh. The three-month project began in October and entailed provision of medical aid via mobile camps, food and shelter ration, safe drinking water, mosquito nets and *Qurbani* meat. A total of ten medical camps were held. The activities took place in remote villages in Badin, Mirpurkhas, Sanghar and Umerkot.



Mr. Kaleem Akhtar from HCI, has worked closely with HOPE in a number of projects. During this flood relief

campaign, Mr. Akhtar visited Shah Koth in Badin with the HOPE team. During the visit, a medical camp was held, food, shelter ration and water purifying sachets were distributed and a safe drinking water demonstration session was held.



Muzzafargarh School Visit

A year ago, HOPE opened a small school in Baseera, Muzzafargarh. Currently this school has 162 students, studying under six teachers. By and large, the children come from extremely poor families. HOPE provides free education to these children. In addition books, stationary and copies are circulated to the students without charge. The school is efficiently managed by a dedicated staff including the Principal Ms. Irum Reza and Mr. Safdar Bokhari.



On 15th January 2012, Dr Mubina Agboatwalla and a team of HOPE employees visited the school to monitor the students and the general running of the school. The school arranged a talent show, which was enthusiastically performed by the students later gifts like warm clothes, school supplies and lunch was distributed by the HOPE team.



HOPE Launches TB Campaign

Tuberculosis is a deadly disease that affects people of all ages. In response to the growing concern about the spread of TB amongst young children, HOPE recently launched a campaign to raise funds for TB patients. This project aims to raise funds for the treatment of 100 underprivileged children suffering from the disease. HOPE's social media platforms- facebook, Twitter, LinkedIn, etc. are helping to spread awareness about this particular campaign and is



...serving to raise funds for this noble cause.

In addition to the 100 children already under treatment, there are approximately 15 children being diagnosed for TB monthly. This illustrates the rising incidence of TB in Pakistan and the urgent need for resources to tackle it. The cost of treatment for one patient is Rs. 4,000 and HOPE urges more people to step forward and 'Adopt a TB Patient'.

HOPE Collaborates With Target to Provided Higher Quality Education

HOPE has worked with Target to provide high quality education in the HOPE Formal and Home Schools. This project has included provision of textbooks, stationary, uniforms, school badges, school bags, educational field trips and scholarships for deserving students. On 22nd January 2012, Target held a picnic at Nisar Shaheed Park for a group of students from different schools. They included a number of students from the HOPE Home Schools too. The students were treated to a day of games, rides, face painting and other enjoyable activities. They were also provided food and drinks. At the end of the picnic, the Chairperson of HOPE, Dr. Mubina Agboatwalla was presented a certificate to formalize the start of a new project with Target. The day was enjoyed by all, especially the young children who seldom have the opportunity to enjoy such events.



Students Volunteer Drive at HOPE School

Students from the well renowned institutes of Szabist University and Iqra University visited the HOPE Formal School in Zia Colony. They held educational sessions for the young students and training sessions for the teachers. Students from Iqra University held three classes, providing useful general knowledge for the young children. Szabist University students held information sessions for the students and painted four classrooms in the Zia Colony School.



Ambulances Needed For Patients

Donation for Transport of Patients
Suzuki Hi Roof or Toyota Hi Ace

FREE PSYCHIATRIC CAMP- HOPE COMMUNITY HOSPITAL

A Free Psychiatric Camp was conducted at HOPE Community Centre, Zia Colony on 19th Jan 2012, in collaboration with Karwan-e-Hayat (Korangi Community Psychiatry Center). Dr. Fizza Yasmeen led the six-member team of Karwan e Hayat.

The event was extremely beneficial. The camp saw 63 patients and results showed that the majority were suffering from depression. Dr. Abida Reza, the administrator of HOPE Community Centre regarded the camp as an essential means



to tackle the shortage of awareness concerning psychiatric problems and its proper treatment. The camp was an overall success and an important first step towards addressing the issue of psychiatric problems in marginalized communities.



Mr. Zafar Naqvi Visits HOPE Hospital and School

Mr. Zafar Naqvi has been actively involved with HOPE Pakistan. Based in the US, Mr. Naqvi has been an integral part of fundraising campaigns for various HOPE activities in Pakistan. He visited Pakistan towards the end of last year. During his trip, he visited the HOPE Zia Colony hospital and school in Karachi.



Adopt a Child

Children studying in HOPE School belong to the low socio - economic class. These children cannot afford to go to school and would otherwise be playing on the street.

HOPE has started a scheme of ADOPT A CHILD where - by the educational needs of a child for one year can be looked after by a volunteer donor. This covers the education expenses of the child, including books, uniform, stationeries, shoes etc. The amount for adopting a primary school child is Rs. 3000 per year while the amount for adopting a secondary or high school child is Rs. 4000 per year.

By donating this amount you can contribute to providing one full year of education for a child. The progress of the child is shared with the donor who has adopted the child.

Adopt a TB Patient

HOPE is running a TB clinic for tuberculosis patients in Thatta, where tuberculosis drugs are provided to TB patients from the villages around Thatta. The treatment cost of one TB patient is Rs. 5000 per annum. It is requested that people should come forward and adopt TB patients so that a large number of TB patients can be provided TB medicines free of cost.



Please donate generously towards HOPE's
T.B Campaign

Helpers of HOPE Committee

- Mr Saad Amanullah Khan
- Ms. Ismaa Khan
- Ms. Anisa Atif
- Ms. Anisa Rashid
- Ms. Zeba Jawaid Iqbal
- Mrs. Nilofer Baig
- Ms. Wajida Asad
- Ms. Seema Zuberi
- Mr Muhammad Ifrahim
- Ms. Samina Halder

List of Collaborators

- | | |
|---|---|
| <ol style="list-style-type: none"> 1. Embassy of Japan 2. Japanese Women Association 3. The Consulate of Germany 4. UNICEF 5. World Health Organization (WHO) 6. Centre for Disease Control, (CDC), Atlanta (USA) 7. Procter & Gamble, Cincinnati and Pakistan | <ol style="list-style-type: none"> 8. John Hopkins School of Public Health, USA 9. The Asia Foundation 10. Rotary Club of Karachi, Metropolitan 11. Rotary Club of Karachi, Cosmopolitan 12. Rotary Club of Karachi, Continental 13. ARY Cash & Carry 14. Philantropists |
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Donations

To contribute to these charitable works and to provide quality health and education to the impoverished population, we would like your sincere help and contributions.

YOU CAN HELP MAKE A DIFFERENCE.....

Your contribution can help educate a child and help make a family healthy

HOW!

- For just Rs. 4000 educate a child via formal school and support his health for one year.
- For Rs. 3000 educate a child via informal home schools for a year.
- For just Rs. 5000 educate an older child in secondary and high school for one year.
- For Rs. 5000 adopt a hospital bed for one month.
- For Rs. 20,000 higher education of metric students.
- For Rs. 35,000 adopt an informal school for a year.
- For only Rs. 5000 adopt a TB patient for its complete treatment.
- Help with investigation and treatment of poor and needy patients - as much as you can afford.
- Hospital equipment required

Kindly send us your donations payable by cheque / Bank draft in the name of "HOPE"

Fayal Bank,

Shalheed-e-Millat Road Branch, Karachi, Pakistan
Account #: 420470026
Swift Code: FAYSPKKA

Standard Chartered Bank,

Main Branch, 11 Chundrigar Road Branch,
Karachi, Pakistan
Account #: 01619972001
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Account Title: H.O.B.E. Account No. 99297
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P.O.Box # 64340

Sunnyvale,
CA 94066

Account Title: HOPE USA
Bank: Bank of America
Tax ID: 26-0257617

Donations can be made in cash or kind.

(Approved U/S 2 (36) of the Income Tax Ordinance 2001 by the Commissioner of Income Tax.). For further detail please contact us at HOPE Community Center

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